

# HALIFAX metro®



## From Yarmouth to Maine, and back again

Province negotiating with firm to resume ferry service **PAGE 3**

## Still right on Target

Three branches of the mega-retailer set to open in HRM this fall, possibly as early as September **PAGE 4**

## Paranoia or legit concern?

Totally legit. Spycam seller talks about tiny eyes in disguise ... **PAGE 9**  
While films glamorize corporate spies **PAGE 13**

## CHAMPS BACK ON ICE

MOOSE COACH SAYS LET'S DO IT ALL AGAIN **PAGE 26**



Ray Wagner poses for a portrait in his law office in Halifax on Tuesday. Wagner is representing a woman in her late 60s who is filing a malpractice lawsuit against Capital Health after a mix-up led to an unneeded mastectomy. JEFF HARPER/METRO

# 'She was in a state of bewilderment'

**Capital Health.** Lawyer says woman who had breast unnecessarily removed to file lawsuit



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A Capital Health patient who had an unneeded mastectomy is in a "state of bewilderment" and is hoping a lawsuit will bring some answers, says her lawyer.

Ray Wagner, a serious injury lawyer in the city, said Tuesday that he is handling the Halifax woman's malpractice case. He said she is in her late 60s.

"You're angry about the fact the procedure took place and then ... 'Why me? Why did it happen to me?'" Wagner said about his client's emotional state when they met May 6.

On Monday, Capital Health released information about two lab mistakes made

this spring affecting four patients. One of the errors resulted in Wagner's client having a breast removed when it wasn't necessary, while the other saw a patient have a biopsy they didn't need.

Wagner said the case is of "huge human interest" because it could have happened to anyone.

His client was misdiagnosed when her report was switched with another's who needed the mastectomy and didn't get it until after the error was discovered.

Wagner said his client had accepted her cancer diagnosis, and went into surgery

fused and is now looking for answers to "put it all together."

"You have to deal with life with one breast.... There's a whole host of problems that'll occur over one's lifetime from having had this procedure," Wagner said.

He said he is drafting up the papers for the medical malpractice and system-error lawsuit, and will deliver them within the next three weeks.

According to his website, Wagner has 30 years of experience and his clients have included the former residents of the Nova Scotia Home for Colored Children, and

### Quoted

**"There's a considerable amount of scarring, both emotional and physical."** Lawyer Ray Wagner, about his client

because she was advised it would increase her life expectancy.

Wagner said after finding out she did not have cancer, she went from angry to con-

residents of the Sydney Tar Ponds.

A Capital Health spokesperson said Tuesday that CEO Chris Power couldn't comment on a potential lawsuit.



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## Jordan Boyd. Moose camp going ahead after player's death

The general manager of the Halifax Mooseheads says everyone in the organization is thinking of Jordan Boyd's family, but training camp will begin as scheduled for the Herd on Wednesday.



Jordan Boyd  
CONTRIBUTED

Boyd, 16, collapsed during a training session at the Bathurst Titan training camp on Monday. He couldn't be revived and was pronounced

dead in hospital.

With dozens of players of a similar age set to take the ice at Cole Harbour Place, Mooseheads GM Cam Russell said the team will follow the same precautions about athlete health that it always has.

"We're very diligent with our medicals and our fitness testing," he said. "We always have been. It's business as usual for us."

Russell said the untimely death of the Bedford teen has rattled everyone. "It's one of those things that has us all speechless," he said on Tuesday. "It's just incredibly sad and tragic when something like this happens to anybody, but especially a 16-year-old kid. I mean, he's still a child."

QMJHL commissioner Gilles Courteau said the league is "shocked and saddened" by Boyd's death and hopes to find out what happened to him through the autopsy report.

The Titan say Boyd went through a complete medical evaluation and didn't show any signs of a condition that would have kept him off the ice.

RUTH DAVENPORT/METRO



The 161-metre Nova Star, which would run between Yarmouth and Portland, has elevators, bathrooms and common areas as well as two cabins with wheelchair access. The province is negotiating with STM Quest to resume the service that was discontinued in 2009. CONTRIBUTED

# Maine ferry looms closer

**STM Quest.** Province to begin negotiations with firm on reinstated service to Portland

**Anchors aweigh ... almost**

"I'm feeling pretty much like we're just headed towards the finish line, the last finishing touches and we're good to go." Yarmouth Mayor Pam Mood

The province will press on with another bidder if negotiations fall through with a company that was chosen Tuesday to operate a ferry service between Yarmouth and Maine.

Economic Development Minister Graham Steele said STM Quest Inc. was selected to set up and run the service between Yarmouth and Portland, potentially restoring a link to the United States that was cut almost four years ago, but the government is working on a timeline.

Negotiations with the

company — a joint venture between U.S.-based companies ST Marine Ltd. and Quest Navigation — are scheduled to begin this week and last about three weeks, with an update in September on the progress that has been made, Steele said.

If it appears a deal is unreachable with STM Quest, he said the government will move on to one of two other bidders.

"If it looks like it's not going to happen with STM Quest, we're fortunate we have two other proposals of

significant quality," Steele said in a telephone interview. "Both are technically capable and experienced in running a ferry service."

The province received three bids last month — the others were from Balearia Caribbean and P&O Ferries — and a committee has ranked those proposals, although Steele wouldn't say which company came second after STM Quest.

The Yarmouth-to-Maine link was discontinued in December 2009 after the province cut its subsidies, which

provoked sharp criticism. It is now offering \$21 million over seven years to restart the service.

Yarmouth Mayor Pam Mood said the town has overcome another hurdle in its four-year battle to reinstate the service.

"Joy. That's all I can say," she said. "Everyone's happy, excited.... It's just amazing, amazing news."

But the Progressive Conservatives said the NDP government acted too late to help struggling businesses in the region.

The Opposition Liberals agreed, accusing the NDP of waiting until the end of its mandate to bring back the service, as Premier Darrell Dexter must call an election before June 2014.

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# Target 'on track' to open its first HRM stores this fall

## Ready, set, shop.

Three locations are Bedford, Dartmouth and Bayers Lake



**RUTH DAVENPORT**  
ruth.davenport@metronews.ca

A spokesperson for Target Canada says three stores in HRM will be open for business in the near future — nearly two years after the takeover of Zellers stores.

"We haven't confirmed an exact opening date just yet but are still on track to open our first stores ... in Halifax this fall," Lisa Gibson said in an email.

Target announced the takeover of hundreds of Zellers leases from the Hudson's Bay Company in January 2011. Since then, the stores — including those in Mic Mac Mall, Bedford Place Mall and Bayers Lake — have been closed and extensively renovated for their reinvention as Target outlets.

The general manager of Mic Mac Mall said anticipation of the mega-retailer's

## Stay tuned

Lisa Gibson said an update on the openings could come in early September.

opening is building among mall customers.

"Everyone's really excited about them opening in the fall," said Chris Keillor. "A lot of people call us about Target opening."

Hundreds of locals turned out for Target job fairs in June, and dozens of people in Target uniforms have been seen at Bedford Place Mall and Mic Mac in recent weeks.

"We have hired our team members and are in the process of training," Gibson said. "Very exciting time for us as we prepare to open stores for the first time in Atlantic Canada."

Other Target stores have been opening up across the country throughout the year.

The last batch of store openings — 20 — came in late July and included two in British Columbia and Alberta, three in Saskatchewan and 11 more in Ontario.



Workers install an outdoor sign at the new Target store at the Mic Mac Mall in July. ANDREW VAUGHAN/THE CANADIAN PRESS

# Tell us about the bad drivers out there: Police



Traffic on Highway 111 in Dartmouth. JEFF HARPER/METRO

RCMP in Halifax are asking the public to start reporting any incidents of dangerous driving or near-misses on the roads, to help police patrols focus in on problem spots.

"Public complaints are what we're basing this on," Halifax RCMP Insp. Jeff Dowling said at Monday's board of police commissioners meeting. "People need to phone in, email, because if no one

complains, then everything must be working."

Driving-related complaints will be plotted and tracked using the ComStat process currently used by HRP and RCMP for property crime. The process uses statistical modelling and spatial intelligence to identify and even predict crime trends and series.

Dowling said the public reporting of traffic concerns

## Reach out

Driving complaints can be reported to police by phone at 490-5020.

could result in more patrols or checkpoints in problem spots, or things such as a new stop sign or reduced speed

limit.

Ultimately, he said the goal is to reduce the number of accidents and collisions in HRM.

"What we're trying to do is map where the complaints are, look for consistencies, look for repeat complaints," he said. "Obviously, if we've had 10 near-misses, there's going to be accidents."

RUTH DAVENPORT/METRO

## Cop injured

### Police wagon hit by allegedly impaired driver

Halifax Regional Police say one of its officers suffered minor injuries after his vehicle was struck by an alleged impaired driver.

At 4:45 p.m. on Monday, police were called to a two-vehicle crash in front

of Casino Nova Scotia on Upper Water Street. As officers investigated the crash, police say a third vehicle hit one of the vehicles in the original collision, then struck a marked police wagon, injuring the officer inside.

A 69-year-old Halifax woman was arrested after she allegedly failed a breathalyzer test and will appear in court Oct. 1 to face impaired-driving charges. **METRO**

## Saturday incident

### Pedestrian dies two days after being struck by reversing pickup

Police in Guysborough say a 67-year-old man has died from injuries sustained after he was run over by a pickup truck that was in the process of backing up.

The accident happened on Saturday afternoon on Wharf Road after police say the victim fell on the ground and into the path of the truck that was moving in reverse.

The victim, Raymond William Pye of Ecum Secum, was transported to hospital with serious injuries and he died on Monday.

Police are continuing to investigate. **METRO**

## Court appearance

### Man charged after weekend stabbing

A 19-year-old Halifax man has been charged in connection with a Dartmouth stabbing over the weekend.

Quintin Joseph Thomas was arrested Monday afternoon after turning himself in at Halifax Regional Police headquarters.

He was held in custody

overnight and appeared in Dartmouth provincial court on Tuesday to face charges of assault with a weapon, assault causing bodily harm, robbery and possession of a weapon for dangerous purpose.

A 19-year-old woman was found stabbed by police in a home on Kennedy Drive on Sunday morning. According to police, the woman suffered non-life-threatening injuries. **METRO**



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## \$5.9M total. N.S. adds new funds to help seniors repair their homes

The Nova Scotia government has announced more funding for a program that helps senior citizens pay for repairs to their homes.

Premier Darrell Dexter says the province will give another \$1 million annually for the project beginning next year, bringing the total available funds to \$5.9 million.

The Community Services Department's website says the funding is shared by the province and the federal government.

To be eligible, repair projects must address health and safety issues in the home, which can include roofing repairs, plumbing, heating and electrical. The maximum grant for home repairs is \$6,500 and applicants must be at least 65.

Dexter says the funding will help more seniors stay in their homes longer. "Seniors want



Darrell Dexter METRO FILE

to stay in their homes and live independently, and with dignity, in their communities as long as they can," said Dexter in a statement on Tuesday.

"Seniors should not have to leave their homes before they are ready."

A news release says the program has helped more than 900 households.

THE CANADIAN PRESS

## Missing fisherman. Cape Breton man charged in murder granted bail

A Cape Breton man charged with second-degree murder in the disappearance of a fisherman whose body was never found has been granted bail.

Dwayne Matthew Samson of D'Escousse appeared Tuesday in Nova Scotia Supreme Court in Port Hawkesbury where he was released on \$60,000 bail on a number of conditions.

He had been denied bail during a court appearance in July.

The 43-year-old is one of three men charged with second-degree murder in con-

### Court date

Dwayne Matthew Samson is due for a preliminary hearing Nov. 26.

nection with the death of Philip Joseph Boudreau, who was last seen June 1 in Petit-de-Grat harbour.

A woman has also been charged with being an accessory after the fact in the case.

THE CANADIAN PRESS

### Adding 20 years to its life

#### Centennial pool closed for renos

The Centennial Pool is closed for renovations. The latest work being done is the last in a three-part project that included a major energy retrofit to the 50-metre pool.

Renovations will be made to the change rooms and front-desk foyer, coming in just under \$800,000.

The pool is expected to reopen in December.

In a release, HRM said the renovations are expected to extend the life of the now 45-year-old facility.

METRO

### YQY to YYZ

#### Air Canada flying down under year-round

Air Canada is making its Sydney-to-Toronto route a year-round service due to what it says is growing customer demand.

The daily service from J.A. Douglas McCurdy Sydney Airport to Pearson will begin Dec. 18. It will be the only carrier offering flights to Toronto outside the peak summer travel period from Sydney. The airline will use a 50-seat Bombardier Canadair Regional Jet.

CAPE BRETON POST



## It's like looking for a girl having a pretty decent time in a haystack

Angelina Lusignan, 9, gets her photo taken on top of a large bear made of hay at the Common Roots Urban Farm on Tuesday in Halifax.

JEFF HARPER/METRO

# 'It's as unique as your fingerprint'

## Stem-cell and marrow transplants. Hundreds of Canadians on wait list

CLARK JANG

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Reese Hawkins was only 10 months old when she was diagnosed with a rare form of leukemia.

Five months of chemotherapy in early 2011 would wipe out her immune system in an attempt to eradicate the disease. Reese was able to return home to Pictou County in August, but six months later, she began bruising in unusual places.

"Fearing the worst, we brought her in and found out it came back," said Kora Hanrahan, Reese's mother.

Hanrahan and her husband took Reese to the Hospital for Sick Children in Toronto. That's when doctors told her that her daughter needed a stem-cell transplant.

"They said, 'We are going to bring your daughter to the

brink of death and then we are going to rescue her,'" said Hanrahan.

Hawkins is now three and has been 17 months in remission.

"Statistically ... 18 months is a very big milestone. So we're looking forward to meeting that," said Hanrahan.

While Reese was lucky to find a matching donor, there are still 708 Canadians waiting to find their needle in a haystack.

Jillian Adler, manager of donor enrollment for OneMatch, the organization that matches stem-cell donors to patients, said that there's a series of obstacles to finding a match for patients such as Reese.

"It's far more complicated than matching someone's blood type. This is matching someone's immune system," she said.

"It's as unique as your fingerprint."

While Canada has more than 319,000 volunteer donors in the database, which seems larger than it is.



Reese Hawkins CONTRIBUTED

Last year, approximately 80 per cent of Canadian stem-cell and marrow transplants still came from international donors through Canada's membership to the World Marrow Donor Association, a network of 21 million donors from 65 registries worldwide.

"Even with that many donors.... We're only finding matches for about 50-60 per cent of patients," said Adler.

But finding transplants for patients isn't as simple as adding more donors.

"We want to ensure that

patients are given the very best chance to have a quality of life after they receive a transplant," said Adler. "And that means that we need to find and recruit and register those donors that will give patients the best chance."

Those ideal donors are usually male, ethnically diverse and between the ages of 17 and 35.

A bigger challenge, says Adler, is educating donors and obtaining informed consent. That means knowing what they're getting into, and following through with a donation to a patient in need — Canadian or foreign — when asked.

"If they receive a call then we want them to be committed and to be available," said Adler.

It could save a life, like Reese's.

### On the web

To learn more about OneMatch and becoming a donor, visit [onematch.ca](http://onematch.ca).



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# Senate sends Wallin's audit to RCMP, expects \$82,000

## Expense scandal.

Senator has her ability to write off travel costs restricted for next year

Partisan Conservative fundraising benefits, a short hop to catch a flight to the Caribbean and glitzy awards galas are just some of the expenses Sen. Pamela Wallin billed to taxpayers under the guise of Senate business.

The Saskatchewan senator now faces an RCMP probe as well as having to pay back more than \$82,000 after an audit flagged a host of inappropriate travel claims dating back to her first days in the upper chamber.

Wallin's ability to travel on the taxpayers' dime will be restricted for at least the next 12 months, Senate committee members said Tuesday. "I believe I can speak for my colleagues on both sides when I say that we found aspects of

the Deloitte report very troubling," said Liberal Sen. George Furey.

The former broadcaster has called the audit "flawed and unfair," and her attorney has complained to auditing firm Deloitte about leaks of confidential information.

"Virtually nothing has happened ... which has not in some form or another found its way into the media," wrote Terrence O'Sullivan.

Deloitte auditors flagged \$121,348 in inappropriate expenses and called for further review of nearly \$21,000 in additional claims. Wallin has already repaid \$38,000.

The audit also found that changes had been made retroactively to entries in Wallin's electronic calendar once the audit process had begun.

Wallin says the changes were the result of advice she received to co-operate with the audit. Conservative Sen. David Tkachuk said he told Wallin to omit only irrelevant information. **THE CANADIAN PRESS**



Sen. Pamela Wallin has already repaid \$38,000 and has since promised to reimburse any disallowed expenses, with interest. PATRICK DOYLE/THE CANADIAN PRESS

# Thieves dump out ashes of car-crash victim



Colleen Ransom with a picture of her daughter Emma. Earlier this month, thieves emptied the pouch that Colleen is holding. JEREMY NOLAIS/METRO IN CALGARY

Car prowlers on the hunt for loose change and other valuables have taken something from a grieving Calgary mother that money can't buy.

Colleen Ransom had kept her daughter Emma's ashes in her pickup truck since the 19-year-old student and three friends were killed in a 2009 car crash.

On Aug. 2, several vehicles were broken into on Colleen's street, and someone removed a green pouch with Emma's ashes inside and emptied it onto the rain-soaked street.

## Reliving loss

**"Who would do that? Who would take the ashes and dump them.... It's a violation."**

Colleen Ransom, mother of car-crash victim Emma

Colleen was able to salvage only a few ashes and came forward Tuesday pleading with the public to help police nab the burglars.

Also stolen was a green rain jacket that belonged to Emma.

Police are looking to speak with three girls between the

ages of 14 and 17 spotted in the neighbourhood around the time of the break-ins.

"It's hard for me to even imagine suffering the loss of a daughter," said acting Staff Sgt. Lee Stanton. "And now unfortunately our victim has been victimized once again,

and we're looking for the public's help to find those responsible."

Neighbour Garrett Smith said most of the neighbours he's spoken to said the thieves took only change out of the vehicles and ignored higher-value electronics.

Colleen, meanwhile, says she may now keep Emma's remaining ashes in her purse.

"(The pain) never goes away, anyway," she said. "She's always there.... I think about her constantly."

JEREMY NOLAIS/METRO IN CALGARY

## Caught red-handed?

### Doc accused of stealing drugs from smuggler's gut

Russian police have arrested a surgeon who they say stole some of the heroin he had been called on to extract from the stomach of a suspected drug mule.

Police in the Siberian region of Krasnoyarsk say that

after investigators discovered some of the drugs were missing, they searched the surgeon and found a packet containing five grams of heroin hidden in his clothes.

The surgeon, who was not identified, was under the influence of narcotics when he was apprehended, according to the police statement issued Tuesday.

If convicted, the doctor faces up to 15 years in prison. **THE ASSOCIATED PRESS**

## Still suspects

### DNA test can't link Cold Blood killers

DNA testing on the two killers profiled in the Truman Capote book *In Cold Blood* does not link them to a quadruple homicide in Florida over 50 years ago.

Capt. Jeff Bell of the Sarasota Sheriff's Office said Tuesday that authorities were unable to make a match be-

tween the killers, Perry Smith and Richard Hickock, and Christine Walker, who was slain in 1959 in Sarasota with her husband and children.

The family was killed soon after Hickock and Smith murdered a Kansas family.

Authorities said they couldn't match DNA because only partial profiles could be taken from the exhumed bodies, and the crime-scene samples were old and degraded. **THE ASSOCIATED PRESS**

## Toxin 400K times limit

### Derailment has blighted area: Tests

Tests conducted by an environmental group suggest last month's Lac-Mégantic, Que., train disaster had a devastating impact on water quality and soil.

Extremely high concentrations of carcinogenic polycyclic aromatic hydrocarbons and arsenic,

detected in surface water, have "confirmed the fears" of the Société pour vaincre la pollution, the group said.

A chemical engineering professor at Montreal's Ecole polytechnique says the crude evidence-gathering techniques used undermine the tests' scientific value.

"It's incomplete and the report is alarmist," said Gregory Patience. **THE CANADIAN PRESS**





Adam Ostrander, tech manager at Forest City Surplus in London, Ont., displays a pen that's actually a camera. The shades and watch he's wearing can also take your picture. SCOTT TAYLOR/METRO

# Don't smile, you're on hidden camera

**Inspecting gadget.**  
Spycams can be on glasses, pens, even loose threads



**SCOTT TAYLOR**  
Metro in London, Ont.

A woman runs out of a clothing boutique change room when she notices a camera recording her from under the door.

A man is arrested after police say he used a hidden camera to secretly take pictures of kids using a public washroom.

They're both cases straight out of police files thanks to large advances in tiny pieces of technology that officers say are a growing concern.

Spycams can be as small as the head of a pin and they're available to anyone, including the London man who allegedly peeped on partially naked

children.

A recent visit to Forest City Surplus turned up cameras in a pen, a watch and a pair of sunglasses. Most go for about \$39 to \$49 and come with a warranty.

Why would you want one?

That's not tech manager Adam Ostrander's business, though he's heard a few explanations over the years.

"Usually, it's parents that want to keep an eye on babysitters, or they're just trying to take care of their property and they don't want big, honking cameras where people can see them," he said.

They're easy to use, too.

"A lot of the time, wireless ones will have an SD card, so all you have to do is pop the card out, and you can play it off of any computer," he said.

While his store sells some of the more common spy cams, Ostrander said advanced ones — which can look like a dead fly or even a loose thread on a man's tie —

## Quoted

"There are likely more incidents than we know of because they're so hard to detect." Const. Jenna Van Aarsen

aren't hard to find. "Honestly, if you know where to look, pretty much any weirdo can get one," he said.

London police Const. Jenna Van Aarsen said officers can only act when a complaint is laid. Police aren't exactly over-run with complaints, largely, perhaps, because few people ever notice the cameras.

"For instance, there was a pen taped under a sink in a washroom at one point, so people need to be aware of their surroundings," she advised. "Take a quick look around. If you see a little hole or whatever, it's better to err on the side of caution. Contact the police to have it investigated."

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# Cyclist nearly severs spine after hitting electrical-tape trip line

**'Took the force of it on my chin.'** Bicycling to work quickly turned into a nightmare for father after he collided with booby trap



LUKE  
SIMCOE  
Metro Online

Sterling Eyford nearly severed his spine and now has five titanium plates holding his jaw together, all because electrical tape was mysteriously strung across a road in Victoria, B.C.

Eyford, 34, was cycling to work Friday morning when he collided with the tape. He was thrown off his bike and landed on the road.

"I took the whole force

of it on my chin," he said.

His jaw shattered in two places. He lost a tooth. He hyperextended his neck. He has minor neurological damage in his hands and arms, and will be eating through a straw for weeks.

"I pushed my spinal cord as far as it could go without being severed," he said. "I feel lucky. It could have been so much worse."

Eyford works as a casual

producer for CBC, and says the "stupid prank" will cost him weeks of work and put undue stress on his family.

"I have two little girls at home," he said. "I can't even pick my kids up right now."

According to the Victoria Police Department, the black tape was strung on an angle between two traffic signs on Kings Road. It's not clear why the tape was

there, or whether it was an intentional attempt to target cyclists or motorists.

Police are appealing to the public for help identifying possible suspects.

"I hope the whole weight of the law falls on these people," Eyford said.

"But I also want them to realize they did something extremely stupid and extremely violent."

"They attacked me."



Sterling Eyford in 2007. FACEBOOK



## Protesters demand 'justice for Sammy, justice for all'

Sarah Yatim, sister of Sammy Yatim, helps lead a march up Yonge Street in Toronto. Hundreds of protesters waving banners and placards spilled into the streets outside the city's police headquarters Tuesday demanding justice for an 18-year-old who died after being shot and Tasered by officers last month. Yatim's mother and sister, along with the families of other police-shooting victims in Ontario, attended the protest, which coincided with a monthly public meeting of Toronto's police services board. "Justice for Sammy, justice for all," chanted protesters, who were blocked from the police headquarters' entrance by officers on bikes. Yatim died on July 26 on an empty streetcar following a police shooting that was captured on several cellphone and security camera videos. **TEXT: THE CANADIAN PRESS; PHOTO: RANDY RISLING/TORSTAR NEWS SERVICE**

## The Iron Dome. Israeli army shoots down rocket near Red Sea resort town

The Israeli military shot down a rocket launched toward a Red Sea resort town near the border with Egypt on Tuesday, the army said.

It was the first time Israel's Iron Dome missile defence system successfully intercepted a rocket attack on the resort of Eilat, the military said. The incident came after days of

heightened tension along the Egypt-Israel border.

The army said the rocket was intercepted early Tuesday and that there were no injuries. It didn't provide more details and declined to comment on the origins of the projectile.

An Al-Qaida-inspired group, Ansar Jerusalem, claimed responsibility. **THE ASSOCIATED PRESS**

## Egypt. Interim president reinforces authority, swears in 20 governors

Egypt's interim president swore in 20 new provincial governors on Tuesday, a move that reinforces the new leadership's authority and removes all Muslim Brotherhood members previously installed in the posts by Mohammed Morsi before his ouster as president.

The shake-up came as supporters of Morsi reinforced

their six-week-old sit-ins in the capital and rallied for more protests across the country to demand his reinstatement.

The former Islamist president's Brotherhood group is rejecting talks with the new government, much less participation in the post-Morsi transition.

**THE ASSOCIATED PRESS**

## Bradley Manning. 'Mental instability' ideally would have blocked deployment

U.S. soldier Bradley Manning's violent outbursts and a photo of himself dressed as a woman ideally should have blocked him from deploying to Iraq, but the Army needed his skills, the soldier's former boss testified Tuesday.

Retired Sgt. 1st Class Paul Adkins testified as a defence witness at the sentencing hear-

ing for the former intelligence analyst convicted of disclosing reams of classified information through WikiLeaks. Manning faces up to 90 years in prison.

Adkins said in April 2010, Manning emailed him a picture of himself in a blond wig and lipstick attached to a letter titled, "My problem."

**THE ASSOCIATED PRESS**



## Food safety. Coca-Cola ads to defend artificial sweeteners

Coca-Cola plans to run its first ad defending the safety of artificial sweeteners on Wednesday, a move that comes as the company looks to stem declining sales of diet soda.

The print ad is set to run in USA Today in the Atlanta area, followed by the Atlanta Journal Constitution on Thursday and the Chicago Tribune next week. It says that diet drinks can help people manage their weight and stresses the scientific evidence showing the safety of aspartame, more commonly known under the NutraSweet brand name.

The ad represents the next phase of a campaign Coca-Cola Co. launched in January to push back at critics who blame its sugary drinks for

spiking obesity rates.

The first wave of ads outlined the company's commitment to fighting obesity and pointed to the many diet options it offers.

Now Coca-Cola is trying to reassure people that those lower-calorie drinks aren't harmful. "Coke is trying to get out front and proactively defend these diet sweeteners," said John Sicher, editor of Beverage Digest.

Sales of diet sodas are falling at a faster rate than regular sodas in the U.S., according to Beverage Digest. The declines come even though the U.S. Food and Drug Administration says aspartame may be safely used in foods as a sweetener. **THE ASSOCIATED PRESS**

### Market Minute



**DOLLAR**  
96.68¢  
(-0.38¢)

Natural gas: \$3.30 US (-1¢)  
Dow Jones: 15,451.01 (+31.33)



**TSX**  
12,642.19 (+47.92)



**OIL**  
\$106.83 US (+72¢)



**GOLD**  
\$1,320.50 US (-\$13.70)

# Railway in Quebec tragedy has its licence suspended

**Montreal.** Federal regulator made call after reviewing MMA's liability insurance

The railway at the centre of the Lac-Mégantic, Que., train disaster will have its operating licence suspended in Canada, a severe blow to an already crippled company.

The Canadian Transportation Agency announced Tuesday that it's revoking the certificates of fitness for the Montreal, Maine & Atlantic Railway Ltd. and its Canadian subsidiary, Montreal, Maine & Atlantic Canada Co.

The arm's-length federal regulator says it made the decision after reviewing the railway's third-party liability insurance following the fiery July 6 derailment that killed 47 people and wiped out part of downtown Lac-Mégantic.

"We have concluded that



An engineer checks the engine of a Montreal, Maine & Atlantic locomotive on July 11 outside the company's offices in the town of Farnham, Que. The Canadian Transportation Agency announced Tuesday that it's revoking the certificate of fitness for the embattled railway company. **GRAHAM HUGHES/THE CANADIAN PRESS**

(the coverage) is not adequate, thereby we have no choice but to suspend their certificate of fitness," said agency spokeswoman Jacqueline Bannister. "We have given them until Aug.

20 to conclude their railway activities in Canada."

The agency said it had advised the railway that it must maintain at least the same amount of third-party liability

coverage it had before the derailment. But it said MMA's insurance broker indicated the aggregate coverage had been cut in half since the derailment.

**THE CANADIAN PRESS**



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# HYPERLOOP CREATOR HAS CREDIBILITY

How cool is this:

A transport system that gets people from San Francisco to Los Angeles in half an hour using currently available technology?

It's called Hyperloop, the latest crazy plan from Elon Musk, the visionary who has so far given the world PayPal, the Tesla electric car and SpaceX, the world's only private space program.

Hyperloop is a solar-powered, lightweight, pneumatic system that proposes to move people and cars from one destination to another at 1,000 km/h. The tubes would follow California's I-5 and, unlike the rapid-rail system now in the planning process, farmers would still be able to plant their crops under the columns.

Any way you look at it — cost, speed, efficiency, access, land use — Musk's estimated \$10-billion bright idea compares favourably to the now-planned \$70-billion-to-\$100-billion train that would poke along at about 320 kilometres an hour.

So why is everyone dumping all over it? Typical of the expert



JUST SAYIN'

**Paul Sullivan**

metronews.ca

opinion on Hyperloop is Richard White, a professor of American history at Stanford and author of *Railroaded: The Transcontinentals and the Making of Modern America*.

"It doesn't seem plausible to me," he told *The New York Times*. "I'm suspicious about everything, especially cost."

I'm not sure what Richard White thought when Musk announced SpaceX in 2002, but I don't think there was anyone who really believed it would be the first privately held company to take cargo to the International Space Station a mere 10 years later.

Elon Musk has visionary cred. While the tenured professors of negativity mutter in their beards, Elon Musk is busy designing the future. Along with a few others such as the recently departed Steve Jobs, Google's Sergey Brin and tech-genius emeritus Bill Gates.

Not everything these guys dream up works. Landfills are littered with Newton PDAs and Vista software bundles, and Google

seems to shut down as many services as it launches, but look at what they've brought to the table. Modern wonders of the world:

- A place where you can go and ask any question about anything and get a million answers.
- Programs that allow you to write, calculate, communicate, design, create and connect, all from your lap.
- Small devices that fit into your pocket that allow you to store, organize and access as many beautiful words, pictures and melodies as you can stand.

Not to mention a rocket-ship company that has single-handedly saved the International Space Station, our seed pod to the stars.

Sadly, for every Elon Musk, there are 100 Richard Whites. Eminent, expert and enervating. People who can tell you how it won't work. Prophets of failure.

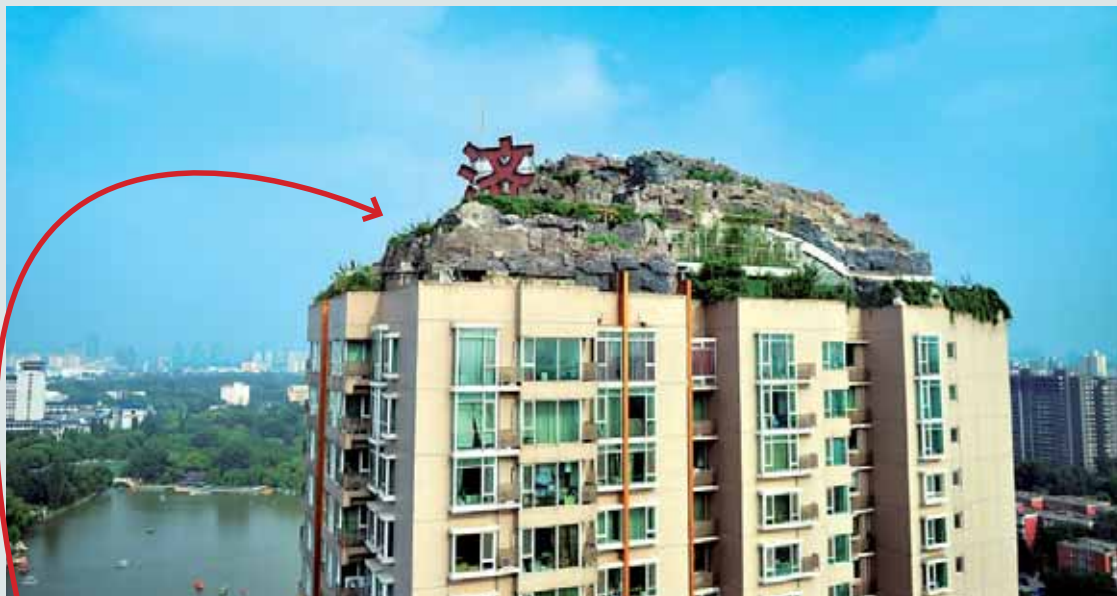
We need more Elon Musks, people who look at grinding challenges such as gridlock and climate change and see opportunity. More than that: They see excitement. Their eyes sparkle.

It's like corny old Buzz Lightyear likes to say: To infinity and beyond!

Why would we want to go anywhere else?

## ZOOM

## Rustic rock villa meets urban upset



IMAGINECHINA/REX FEATURES

### One castle in the sky not wanted

A mysterious Chinese medicine practitioner has been ordered to dismantle a rocky mountain villa built on top of a 26-storey block of apartments in Beijing.

Neighbours say Prof. Zhang Biqing began to illegally build the huge rock dwelling six years ago and they live in fear that the weight will cause the building to collapse. **METRO**

### Costly

**\$3.5M**

At 27,349 yuan (\$4,468 US) per square metre for property in the Chinese capital, and 800 square metres (8,600 square feet) of rocky terrain, Zhang's luxury rooftop pad could be worth more than \$3.5 million US.

The faux mountain home is covered by fake rockeries, real trees and bushes, and is located in one of the city's more upmarket areas.

Unlicensed add-ons and alterations to homes is a common practice among China's wealthiest.

### 15-day deadline for demolition

The suites beneath Zhang's already suffer from cracks and leaking roofs. One neighbour had complained to the local urban management office, but Zhang allegedly hired thugs to beat him up and he then moved away. Following media exposure, the local urban management office has now ordered Zhang to dismantle the property within 15 days or it will be torn down. **METRO**

### Quoted

"Since I dare to live here, I am not worried about complaints. Famous people come to my place and sing. How can you stop them? I used to worry that the house might be too much but I never expected this much attention."

Zhang told Beijing Morning News

### Clickbait



**ANDREW FIFIELD**

andrew.fifield@metronews.ca

Are you suffering from the affliction of having way too much available data on your phone plan? Nip that problem in the bud with these recent online multiplayer gems. Besides, it's more fun to play together.

### Ultima Forever

What's being billed as the App Store's largest free-to-play RPG has been a blast in the days since it launched.

There's no cross-platform play, sadly, but the developers are promising it. (iOS/Free)

### Finest Hour

This turn-based, First World War-era tank warfare with a board-game feel has been my favourite release for quite a while. Manage your fleet of armoured



war machines, with special care to positioning that exploits the weaknesses of your opponents' tanks while defending against the vulnerabilities of your own. Easily worth the cost. (iOS/\$0.99)

### Disc Drivin'

OK, so there's nothing new about *Disc Drivin'*, but I've recently rediscovered it buried among my app folders. A turn-based racing game where the vehicle of choice is a weighted disc you flick around a tricky track. (iOS/\$1.99)

### Letters

**RE: Ontario to examine pesticides as possible cause of bee deaths, published July 9**

It was good to see a couple of articles back in July on the problems honeybees are having. Keep up the good work. I think the public needs to be made aware of how the honeybee has become an essential part of modern agriculture. Without it, the large crops of fruits, vegetables, nuts and even cotton wouldn't be pollinated.

The U.S. lost so many honeybee colonies that every year the country imports honeybees from Australia in order to satisfy the demand from farmers.

Can you imagine having to hand pollinate the flowers on a pear tree in order to get a pear to grow? Can you imagine the cost of the fruit? Well it is already happening. There is a province in China that no longer has honeybees due to the use of pesticides and the pear trees have to be hand pollinated.

A few months ago the EU banned neonicotinoids for a couple of years. Hopefully this will help to slow or reverse the trend of the declining honeybee populations.

When a bug eats a leaf, it dies. When a honeybee takes pollen and nectar to its hive, it feeds this poison to the brood as well as the adult bees.

**Derrick To, Vancouver**

**WE WANT TO HEAR FROM YOU:**

Send us your comments: [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)



# You're not paranoid — movies on espionage are good business

**I spy.** Opening this weekend, *Paranoia* won't be the last in a long list of movies about double crossing businesses



**IN FOCUS**  
Richard Crouse  
scene@metronews.ca

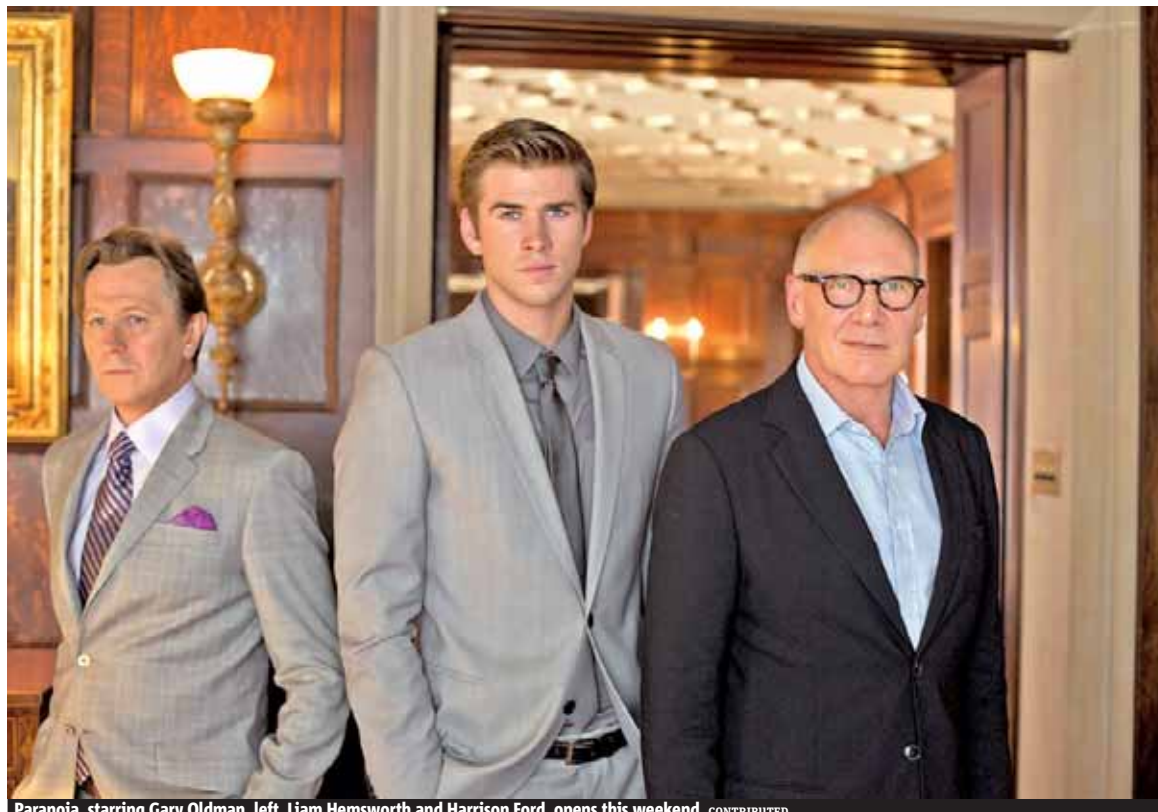
The word espionage is most commonly used in relation to spy stories. It conjures up images of James Bond, exotic locations and wild action scenes. But in many movies espionage has little to do with shaken not stirred martinis and Bond girls, and more to do with corporate secrets and intrigue.

This weekend, *Paranoia* explores the world of big business espionage as Adam Cassidy (Liam Hemsworth) finds himself doing dangerous double duty in the billion dollar world of high tech.

As an entry level employee, his boss Nicholas Wyatt (Gary Oldman) promises him a corner office, among other things, if he will spy on rival tech giant Jock Goddard (Harrison Ford).

That movie is set in the world of bits and bytes but corporate espionage comes in as many styles as that ergonomically designed chair in the CEO's office.

As the title would suggest, the movie *Duplicity* is ripe with lies and underhanded



*Paranoia*, starring Gary Oldman, left, Liam Hemsworth and Harrison Ford, opens this weekend. CONTRIBUTED

dealings. Julia Roberts and Clive Owen are former government spies now working in the private sector. Despite being intimately involved, they work for rival shampoo companies. It's a romantic comedy about undercover activities. Imagine if Rock Hudson and Doris Day had starred in *Mission Impossible* and you get the idea.

Genetics is the currency in *New Rose Hotel*, a 1999

Christopher Walken and Willem Dafoe film based on a short story by William Gibson. They play corporate moles hired to influence a Japanese bio-engineering expert to defect from one corporation to another. To seduce Dr. Hiroshi (Yoshitaka Amano) they hire a prostitute (Asia Argento) to win his affections. The plan doesn't work, and neither does the movie, really, but it's worth

a look for the flamboyant performances from Walken and Dafoe.

Finally, back in the world of high tech espionage, the Ben Affleck thriller *Paycheck* is a good little movie released at the wrong time. Wedged between *Gigli* and *Jersey Girl*, it came out at the height of Bennifer and the nadir of audience interest in Affleck as an actor.

Based on a Philip K Dick

short story, Affleck plays Jennings, a genius programmer hired by corporations to reverse engineer new products, recreating them anew. His work is so secretive that after he's done, his memory is wiped clean. The chicanery really begins when his employer (Aaron Eckhart) pulls a double cross, leaving Jennings with no money, no memory and a world of trouble.

## Why there won't be an *Elysium* sequel

Neill Blomkamp's science fiction action dystopia *Elysium* topped the box office its opening weekend, pulling in an estimated international gross of \$41.3 million.

Not too shabby, but success doesn't mean there will be a sequel — at least if Blomkamp has anything to say about it. The writer-director, who dodged pressure to make a sequel to *District 9* and instead has followed it up with *Elysium* and his next film, the original *Chappie*, is something of a sequel-phobe.

"One of my favourite parts of filmmaking is just conceptualizing ideas," he says. "Executing them is very different to conceptualizing them. I tend to come up with a lot of ideas and I get attached to a lot of them. It creates a different mindset where it's like, 'I want to see this get executed and I want to see that get executed' as opposed to, 'I want to return back to this world from this film.' I have a few other ideas for films I want to make currently."

For movie-goers who have

already seen *Elysium*, the idea that there won't be a sequel is hardly a surprise. And that was what made it so appealing to star Matt Damon.

"I love what it says to the industry. There's not going to be a sequel to this movie. Just deal with it. I love that message," Damon says. "As a movie-goer it's hard not to be cynical when you see every movie trying to set up a sequel. Hopefully it will be refreshing and people will go, 'Oh, that's cool.'"

NEED EHRBAR MWN



Neill Blomkamp and Matt Damon are perfectly alright with there not being an *Elysium* sequel. CONTRIBUTED



Oprah Winfrey. ALL PHOTOS GETTY IMAGES

## Winfrey apologizes over Swiss bag dust-up

Oprah Winfrey really wishes everyone hadn't made such a big deal about her not being able to buy a handbag in Switzerland because the store clerk assumed she couldn't afford it.

"I think the incident in Switzerland was just an incident in Switzerland," Winfrey says, according to

the BBC.

"I'm really sorry that it got blown up. I purposefully did not mention the name of the store. I'm sorry that I said it was Switzerland. It's not an indictment against the country, or even that store. It's just one person who didn't want to offer me the opportunity to see the bag."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Miley Cyrus knows she is white, m'kay?



**THE WORD**  
Dorothy Robinson  
scene@metronews.ca

Miley Cyrus, who is white, teamed up with French Montana, who is Moroccan, for a remix of his hit song Ain't Worried 'Bout Nothin'.

A portion of the collaboration, which was shot on an iPhone video, was put out onto the Interwebs on Monday. In the grainy

video, Cyrus raps about "having thick chicks" and "stuntin' during Fashion Week."

In response to the clip, comments poured in — many of which were not so nice and seemed quite racially motivated — to which Cyrus replied via Twitter, "i know what color my skin is. you can stop with the friendly reminders b—."

It's been very interesting to watch the singer, who brought twerking into the mainstream, shed her Disney background and play her career and artistic self the way she wants to play it — no genres, no boundaries, no rules. Good for you, Miley.



Mayim Bialik

## Bialik opens up about divorce

Instead of asking for privacy during her divorce from Michael Stone, Mayim Bialik has been going quite public with the details, chronicling the ordeal on her blog on Kveller.com.

"I wanted to write about some of the more complicated aspects, and specific-

ally there's certain things to Jewish divorce that people don't know about," she tells Access Hollywood Live.

"It's very intense. So I wrote for Kveller about some of those aspects in hopes of maybe (being) helpful to other people or other women."



Ed Sheeran

## Swift's part of Sheeran's A-team

Ed Sheeran has become quite the fan of Taylor Swift in his time serving as her opening act on the road this summer, and most of that admiration is because Swift has "the most English sense of humour out of any American I've ever met," he tells

E! News.

"She's just dry. She has a very dry sense of humour ... And Americans are usually like slapstick comedy. That's the big thing; but she's very English. She's like The Office — English Office. Not Steve Carell, Ricky Gervais."

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## Garner wants to be known as more than a wife

Jennifer Garner makes it a point to attend some Hollywood events without husband Ben Affleck specifically so she'll be known as more than just his wife, she tells Allure magazine.

"It's a very conscious decision," she says. "But it can be too much. I think, especially for women, they can really lose their identity and just become 'wife of.'"

### Twitter



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Those looking to break into the entertainment biz - don't commit to fame. Commit to being great at what you do. Be relentless. Be great.



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SEXY SINGLES IN YOUR AREA are meeting sexier singles in your area & will surround your area with sexy sex while you stare at vodka



@NiallOfficial

One thing I learned while in america, everyone has braces and it's great! Must be a dental scheme



# CELEBRATE WITH ACE LUMBERMART

ACE LumberMart will be celebrating its anniversary until Aug. 24. The major celebration day is Saturday.

As part of that day's celebrations, there will be prizes, giveaways, birthday cake, appearances by Woody the fire truck at both locations, great deals, charity barbecues and lots of happy customers. The Seaside FM Community Cruiser will also be on location, broadcasting live from LumberMart's Burnside location.

There will be a door crasher special every day of the celebration.

"We've tapped our supplier base and they've come back to us with some great deals," says owner Fred O'Hearn.

On Saturday, if there is any remaining stock of the previous door crasher specials, the door crasher specials will once again be in effect.

"If there is stock, you'll get one more kick at the can," O'Hearn says.

On Saturday, there will be a charity barbecue at both the LumberMart Spryfield and Burnside locations. Freshly-grilled Shop'sy's hotdogs and ice cold Coke products will be available for



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sale and the money raised will support Churchill Academy, a school for kids with learning disabilities in Dartmouth.

People who purchase a hotdog, pop

and chips will get to spin the wheel of fortune where they will win a great Ace LumberMart prize.

A prize draw will also be held Satur-

day in conjunction with radio station Seaside FM. The winner will receive either a trip to Las Vegas or a Caribbean cruise.

"It will be the winner's choice," O'Hearn says.

Free entry ballots are available from both ACE LumberMart locations, Seaside FM, My Buddy's Barber Shop on Isleville Street in Halifax, and at the Blooming Cafe on Herring Cove Road.

The Vegas trip includes air fare, accommodations, a dinner at an Italian restaurant one evening, as well as limousine service to get you to the dinner.

The Caribbean cruise option is an oldies music cruise that will be sailing out of Houston, Texas, and will include airfare, meals and entertainment. Musical entertainment on the cruise will be provided by such stars as Paul Revere and the Raiders, Mary Wilson from the Supremes, Charlie Thomas from the Drifters, and the Cowsills. Princess Cruises is the company offering this, and ports of call will include Cozumel, Mexico, and Roatan, Honduras.

— Richard Woodbury

ACE LUMBERMART

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1984 - 2013

Don't miss Saturday, August 17th, our actual 29th Anniversary!

Get your picture with "Woody" - Aug 17th

Spryfield Store • 9-11 am  
Dartmouth Store • noon-2 pm

**BBQ - Both Locations**  
Both locations - 10 am to 2 pm  
All proceeds to...

**Shopsy HotDog, Coca Cola Product & Chips**  
All Served on an Ace LumberMart Frisbee (yours to keep)  
Everything above for a \$5.00 Donation to Churchill Academy  
Then spin to win a great Ace Prize

**Both Locations**  
Saturday Aug. 17th 10am-2pm

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Both Locations... 751 Herring Cove Rd., Spryfield • 15 Wright Ave., Burnside

## BBQ • PRIZES • CAKE • TRIP DRAW

## CALENDAR OF EVENTS

### DOOR CRASHERS EVERY DAY... CATCH THEM ALL!

|   |   |   |  |  |
|---|---|---|--|--|
| <b>WEDNESDAY, AUGUST 14TH</b><br>(and all day Saturday)<br><b>TRUCKLOAD SALE</b><br>#161248PU<br><b>DRYWALL</b><br>Cash 'n Carry<br><b>\$888</b><br>4' x 8' sheet     | <b>THURSDAY, AUGUST 15TH</b><br>(and all day Saturday)<br>100 ONLY<br>36" x 80"<br><b>SCREEN DOOR KIT</b><br>#MANNING30<br><b>\$4900</b><br>Compare at up to \$129.00 | <b>FRIDAY, AUGUST 16TH</b><br>(and all day Saturday)<br>#27811852<br><b>CONTRACTOR RED TAPE</b><br>1/2 PRICE <b>\$4.88</b><br>roll<br>Hey contractors... buy a carton of 24 for just \$99.00 (just \$4.12 per roll) | <b>SATURDAY, AUGUST 17TH</b><br>(All day, while supplies last)<br>#1256726<br><b>DRYWALL MUD</b><br>17L box<br>Ultra white finish<br><b>\$977</b>  | <b>MONDAY, AUGUST 19TH</b><br>(and all day Saturday too)<br>36" x 80" COLONIST<br><b>INTERIOR DOOR</b><br>308002<br>Slight blems means huge savings<br><b>\$1988</b> |
| <b>TUESDAY, AUGUST 20TH</b><br>(and all day Saturday too)<br>#7664949<br><b>INFRARED HEATER</b><br>For cooler nights: cottage, camp, boat or RV<br><b>\$9900</b> each | <b>WEDNESDAY, AUGUST 21ST</b><br>(and all day Saturday too)<br>5/4" x 4" x 8"<br><b>#1 Quality DECKING</b><br>Our Best Price in 2013<br><b>33¢</b> lin. ft.           | <b>THURSDAY, AUGUST 22ND</b><br>(and all day Saturday too)<br>While they last!<br>72" x 80"<br><b>PATIO DOOR</b><br>#PAT0000R2<br><b>\$29900</b><br>Missing screens and slight blems                                | <b>FRIDAY, AUGUST 23RD</b><br>(and all day Saturday too)<br><b>BOGO</b><br>BUY ONE GET ONE 1/2 PRICE<br>DISCONTINUED LINES OF "CITADEL" AND SELECT "SOLIGNUM" BRANDS (See store for details) | <b>SATURDAY, AUGUST 24TH</b><br>(All day, while supplies last)<br>8' x 8'<br><b>SHED KIT</b><br><b>\$39900</b> each  |

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**Congratulations!  
Happy Anniversary!**

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## PRICES ARE COMPETITIVE

It's a question we often hear: Can smaller retailers compete with big-box stores? In the case of ACE LumberMart, the answer is an enthusiastic yes.

"The myth is bigger is better," says LumberMart's Jason O'Hearn.

While ACE LumberMart may not have as large a selection as a big-box store, it does carry everything you need to get the job done.

"At the end of the day, a big-box retailer may have five colours of measuring tape and we have three — they all still measure the same way," says LumberMart owner Fred O'Hearn.

When it comes to price, LumberMart belongs to two different large buying groups, which means it is able to get great prices from its suppliers.

LumberMart is a part of the Tim-Br Mart buying group and purchases its lumber, plywood, siding and roofing through this group, which has 750 members across Canada.

"That's created a lot of competition and driven down prices," says Jason O'Hearn, noting he has heard from other retailers that

they aren't able to get deals as good as the ones the Tim-Br Mart members are getting.

In fact, collectively, Tim-Br Mart members are the largest buyers of building materials in Canada.

LumberMart is also part of the ACE Hardware buying group and gets its hardware, paint, flooring, electrical and plumbing supplies through it. With more than 4,600 retail outlets, ACE is the largest hardware distributor in the world. You bet it can compete on price.

There are other factors that help LumberMart compete. For example, one of the side-effects of having a 100,000-square-foot location rather than a 20,000-square-foot building is there is much greater overhead.

"At the end of the day, we and the big-box stores are buying from the same sources, so it boils down to mark-up," Jason O'Hearn says. "Who do you think can operate for less? A huge corporate entity with shareholders demanding returns or a locally-owned family business that is happy paying its staff, paying the bills and building a business?"


— Richard Woodbury

**Happy  
Anniversary!**



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friends at  
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# Just Like The Hardware Store Your Dad Used To Take You To!

METRO CUSTOM PUBLISHING

## MEET THE EXPERTS AT LUMBERMART

In one of the offices at ACE LumberMart, there is a painting set inside a small hardware store. In the painting, an employee is bent down on one knee and is helping a young customer. Looking at the painting brings to mind thoughts of personal service and looking after the customer. It is something that guides the business at LumberMart.

“That’s what we try to emulate,” says owner Fred O’Hearn.

The LumberMart staff are experienced professionals who understand what the customer is going through.

“People appreciate that they can talk to somebody who has probably installed a sink or roofing shingles before,” Jason O’Hearn says. “All of our staff is cross-trained in different departments. They get as excited about a small kitchen floor as they do building a garage. They’re all capable of talking about that.”

Some may have experienced not being able to talk to an “expert” at a retailer. That won’t happen at LumberMart.

“You just don’t get that here,” Jason O’Hearn says.

One of LumberMart’s competitive ad-



CONTRIBUTED

vantages is that many of its employees are former contractors.

As a smaller retailer, people can get in and out of LumberMart in a hurry. This is especially important for contractors since time is money for them.

“You can truly get your stuff here and leave within 10 minutes,” Jason O’Hearn says.

This is unlike bigger box stores, where one might be wise to put on a pair of running shoes because it can take so long to travel from department to department.

While LumberMart provides exceptional service, it also competes on price. As a member of two different buying groups — including one that is the largest hardware distributor in the world — you can be rest assured that LumberMart’s pricing will compete with even the biggest retailers out there.

— Richard Woodbury

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## NATIONAL AWARD

In 2012, ACE LumberMart was the unanimous choice of hardware retailer of the year for ACE Canada. Major renovations and re-merchandising at both of LumberMart’s locations helped play a role in it winning this honour. The presentation of the award was held in Montreal.

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Get your picture with  
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Spryfield Store • 9-11 am  
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Vintage 1949 Fire truck

BBQ - Both Locations

Both locations - 10 am to 2 pm

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# HELPING YOU GET THE PROJECT DONE

People are busier than ever been before. That's just one reason why it can be so tricky for people to complete even the smallest projects at their homes. To help with that, ACE LumberMart offers a number of services that remove the hassle from trying to complete a project.

For the last 15 years, LumberMart has offered an installed sales program, which means LumberMart can install pretty much everything it sells. Whether it's installing a door, building a shed or garage, or undertaking a complete addition, LumberMart can do it all.

"We only hire people who can do the job, who are qualified and that we are comfortable with," says LumberMart's Jason O'Hearn.

LumberMart stands behind this service and offers the customer a warranty in writing, which covers both parts and service.

As anybody who has undertaken a pro-

ject at home knows, sometimes projects take longer than they anticipate. Hiring a LumberMart professional removes the guesswork from the equation and makes sure the job is done right the first time and in a timely manner.

For smaller jobs — such as caulking a window, installing a doggie door or taking care of a squeaky door — LumberMart offers a handyman service.

"It takes care of a lot of the small jobs," O'Hearn says.

He says the handyman service is proving to be a popular option for busy professionals and widows.

The service also helps remove some of the anxiety people have with trying to find somebody on their own who can perform the service.

"People don't want to hire somebody off Kijiji and they don't want to have their neighbour's son do it in case it turns



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out to be chaos and they don't want to lose a friend," O'Hearn says.

The handyman service is a great way to put together a list of tasks and get them completed in one fell swoop.

"We're going to send a qualified person out and they will have their screws, nuts and bolts and tools to complete the job," says LumberMart owner Fred O'Hearn.

— Richard Woodbury

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All Served on an Ace Lumbermart Frisbee (yours to keep)  
Everything above for a \$5.00 Donation to Churchill Academy  
Then spin to win a great Ace Prize  
**Both Locations**  
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**LAS VEGAS or**  
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**CRUISE**  
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## GET REWARDS FOR SHOPPING

Besides great prices and service, there are many other reasons to shop at ACE LumberMart.

One is the free LumberBucks rewards program, in which purchases are tracked on a quarterly basis. If a certain dollar amount is reached, credits will be assigned for future LumberMart purchases.

"If you have spent \$400 or more, it pays you 2.5 per cent of whatever you have bought," says owner Fred O'Hearn.

In other words, on \$400 worth of purchases, the customer will get back \$10. For \$10,000 worth of purchases, it is \$250.

There is also an added incentive to the program when it comes time to redeem LumberBucks.

"Whatever the value of the cheque is, if the member spends 10 times the value of that, we bump up the value of that cheque by 50 per cent," O'Hearn says.

For example, on a \$10 cheque, if the customer spends \$100, the value of the cheque will be bumped up to \$15.

LumberBucks cheques are good for one year.

For seniors 60 and older who are members of the 60+ Seniors Club, LumberMart offers senior discounts — and not just on one day of the week.

"We like seniors six days a week," O'Hearn says.

As well, LumberMart offers a key cutting service on Tuesdays for seniors where it only charges a nickel to have a key cut.



CONTRIBUTED

LumberMart also offers delivery services and has its own in-house fleet of trucks. As well, it has access to a fleet of 50 trucks thanks to a partnership with Bestway Pro-Can Trucking Services Ltd. Whether somebody is looking to have an urgent delivery done or have a product delivered in a few days, LumberMart is ready.

To help make the purchase of goods more manageable, LumberMart offers different financing options. Besides the traditional options of cash, cheque, debit and credit card, LumberMart also has an ACE credit card, which offers either three or six months of interest-free financing. As well, LumberMart has financing options in place through Creologix Financing, which offers bank-rate style financing on major purchases.

— Richard Woodbury

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# GIVING BACK TO THE COMMUNITY

Since 1984, LumberMart (now ACE LumberMart) has supported countless community fairs, school events and youth sporting teams.

"As a locally-owned family business, we believe in giving back," says owner Fred O'Hearn. "We really enjoy working with community organizations, especially those that have anything to do with kids."

One organization LumberMart is very passionate about is Churchill Academy, a school for children with learning disabilities in Dartmouth. For the last five years, LumberMart has been supporting the school and, last year alone, it raised \$10,000 for school programs.

"It's a spot that's close to our hearts," says O'Hearn, adding that he and his wife, Lynn, have a family member with a learning disability.

While the provincial government does provide some funding for students to attend Churchill Academy, it doesn't cover

the full amount of tuition. As a private school, paying the annual tuition can be an obstacle for some families, but the school is committed to making sure it is accessible to those students who need it.

"The school does a tremendous amount of fundraising to make sure that no kid is turned away for financial reasons," O'Hearn says.

LumberMart likes to get involved with the organizations it works with, rather than just cutting a cheque or providing a donation. One of the ways it does this is through a gift card program. LumberMart will sell a \$20 gift card to a community group for \$10. The group will then in turn sell the gift card for \$20 and pocket the difference. For \$1,000 worth of gift cards, this means the community organization will net \$500.

For more about the gift card program, call 477-6500 (Spryfield location) or 468-7772 (Burnside). — Richard Woodbury



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## WOODY ROLLS ALONG WITH LUMBERMART

When Fred and Jason O'Hearn were looking to buy a vehicle to represent ACE LumberMart at community events, they were having a hard time finding the right one. Apparently, finding a GM or Ford truck with a model year somewhere between 1946 and 1955 is not an easy feat. They were looking for an old flatbed, which would be similar to a lumber-style truck.

"Nothing jumped out at us," Fred O'Hearn says. "Then, all of a sudden, we found a 1949 Ford fire truck in Roanoke, W.Va."

It was, 2009 and the fire truck, which only had 17,700 kilometres (11,000 miles) on it, had just been retired the previous year.

LumberMart purchased it and had it taken by trailer to Houlton, Maine. From there, the O'Hearns picked up the vehicle and drove it to its new home. Interestingly, the vehicle came with a few boxes of documentation, including past vehicle permits and photos.

The O'Hearns wanted a dedicated vehicle for community events to save

time and money of building and dismantling floats for each event.

"Over the years, we spent a lot of money building these floats," Fred O'Hearn says.

Oddly enough, their initial preference wasn't a fire truck, but when they came across Woody, they realized it would attract much more attention than a lumber-style truck.

Since acquiring Woody, constant upgrades have been made. The back of the truck now boasts seating for 12, there is an on-board sound system with a PA, and an electronic sign that allows messages to be displayed. A bubble machine was even added. This is in addition to cosmetic upgrades, such as a paint job and re-chroming the bumper.

Interestingly, when Woody was first acquired it was white. It is now fire engine red, thanks to the strong suggestion of a sharp-eyed four-year-old grandson who thought his papa should know that fire engines are supposed to be red.

— Richard Woodbury

## JOIN THE ACE LUMBERMART TEAM

With a staff of close to 30, ACE LumberMart is always looking for new talent to join the growing business at its two locations.

"We are a place where you have the power to implement your own ideas and provide input into how we do things," says LumberMart's Jason O'Hearn.

This is, in part, because the company has owners who work on-site. LumberMart is the last of two locally-owned, family-run home improvement outlets in metro.

If you would like to join the LumberMart team, visit the company's online recruitment site at [building-supplyjobs.ca](http://building-supplyjobs.ca). — Richard Woodbury

# Congratulations! Happy Anniversary!



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# THE FAMILY TRADITION CONTINUES

## THREE GENERATIONS REPRESENTED AT ACE LUMBERMART

LumberMart first opened in August 1984, and within a year of its opening, owner Fred O'Hearn had a problem on his hands.

"We quickly outgrew the building," he says of the original 1,500-square-foot location on the Herring Cove Road in Spryfield near a former KFC outlet.

With a small lot, there wasn't any room to expand the business.

"We had a choice," O'Hearn says. "We could either stack lumber or park cars, but we couldn't do both."

Not surprisingly, the business decided to move up the road to 751 Herring Cove Rd., which is where one of its two present-day locations is located.

The site was a former bulk fuel station and offered lots of room for the business to expand as it grew. In fact, LumberMart



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expanded four times in its first 10 years of business at that location.

In 1986, a second-generation O'Hearn also got involved in the family business.

"Jason joined me when he was eight

years old," O'Hearn says. "He would come in on Saturdays with me."

The younger O'Hearn began by picking up loose nails, sweeping up and doing whatever other chores that an eight-year-

old can do.

The family tradition continues to this day. Just a few weeks ago, Jason's son, Cameron, worked his first shift at LumberMart's Burnside location.

In 2001, LumberMart added a second location at 15 Wright Ave. in Burnside.

Just last year, LumberMart became part of the ACE Hardware brand, thereby becoming ACE LumberMart.

ACE Hardware is the world's largest hardware distributor and has 4,600 outlets around the globe in more than 70 countries on six continents, including 140 outlets in Canada.

The change resulted in extensive renovations to both LumberMart locations, which has resulted in better merchandising and signage within the store, thereby enhancing the customer experience.

Despite ACE's global size, most LumberMart locations are similar. They are smaller outfits that are a throwback to the hardware stores of yesteryear, coupled with the same quality of excellent, down-home service you would expect.

— Richard Woodbury

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# Life can be one heck of a ride, especially on these coasters

**Amusement.** Summer may be winding down, but there's still plenty of time to get your heart racing with these rides

**JULIE KAYZERMAN**  
Metro World News in New York City

Pete Trabucco has a pretty thrilling job if you ask us — he's an amusement park expert. Yes, that's an actual job. Jealous? The author of America's Top Roller Coasters and Amusement Parks gave us the 411 on the best roller coasters in the United States for you to see this summer.

## Hottest new coaster

Gatekeeper Cedar Point, Sandusky, Ohio [cedar-point.com](http://cedar-point.com)

Trabucco calls Cedar Point the "Mecca for all roller coaster enthusiasts." Gatekeeper is "one of the most anticipated rides that's coming out of that location," he says. "It's an absolutely amazing wing coaster in which you are actually suspended on the other side of this entire track," he says. "You are just flying with nothing but just air."

Cedar Point has 16 coasters, including Gatekeeper. It is also the only amusement park to have four coasters taller than 200 feet, including Top Thrill Dragster, the second tallest roller coaster in the world.



There is still plenty of coaster-weather left this year. ISTOCK IMAGES

## Tallest thriller

Kingda Ka Six Flags Great Adventure, Jackson, N.J. [sixflags.com/greatadventure](http://sixflags.com/greatadventure)

Going from zero to 128 m.p.h. in about four seconds, this steel accelerator reaches 456 feet before it drops 418 feet at a 90-degree angle.

## Best wooden coaster

El Toro Six Flags Great Adventure, Jackson, N.J.

This ride became the first wooden coaster to use a cable lift instead of a chain lift, allowing for a much

faster and steeper ride. El Toro has one of the steepest wooden-coaster drops and was voted the 2013 No. 1 wooden coaster by Amusement Today.

## Best Florida coaster

Dragon Challenge Harry Potter World, Universal Park, Orlando, Fla. [universalorlando.com/harrypotter](http://universalorlando.com/harrypotter)

"The Dragon Challenge is basically two coasters that actually come tip to tip," says Trabucco. "When you're on the ride you actually almost touch toes as you loop the loop simultaneously."

## World's largest

### Safari expansion nets Six Flags' new title

Move over Disney. Six Flags Great Adventure is now the world's largest park thanks to its newest expansion ride, Safari Off Road Adventure.

The Jackson, N.J., theme park reimagined its 38-year-old Wild Safari park during the off-season, outfitting

## Best kiddie coasters

"Any park that you go to, you're going to find at least one or two kid rides that are really well worth going on," Trabucco says. "If you're an adult and you're like me, you're not going to fit, but you hold your breath." Trabucco recommends:

- Sesame Place Langhorne, Pa. [sesameplace.com](http://sesameplace.com)
- Walt Disney World Resort, Lake Buena Vista, Fla. [disneyworld.disney.go.com](http://disneyworld.disney.go.com)
- Runaway Mine Train Six Flags Great Adventure, Jackson, N.J. [sixflags.com/greatadventure](http://sixflags.com/greatadventure)

the 350-acre, 1,200-animal preserve with 18 open-air safari vehicles customized from surplus army trucks.

"It's a worthwhile, interesting attraction," says Paul Ruben, industry expert and North American editor of Park World magazine.

By merging the Safari reserve with the existing Great Adventure property, the park is now 510 acres — surpassing Walt Disney World's Animal Kingdom (500 acres) as the world's largest theme park.

CHRIS LONGO

## Tragedy on vacation: how to deal



**ON THE MOVE**  
Loren Christie  
[lif@metronews.ca](mailto:lif@metronews.ca)

When tragedy strikes during a vacation, it can be especially jarring. Not only are you dealing with a horrible situation, but you are in unfamiliar surroundings with no loved ones around to comfort or assist.

It is important to understand that the help you will

receive from the Canadian government's consular services may be limited. If someone dies while travelling abroad, they will not pay for the burial, cremation or repatriation costs of a deceased Canadian, although they can provide advice and contact relatives. The related expenses are your responsibility. However, the Department of Justice Canada may sometimes provide financial assistance to Canadians who are victims of violent crimes abroad through its Victims Fund.

You are also responsible to register the death according to local regulations and get a local death certificate. However a call to a qualified funeral home

in both Canada and the country where the death occurred will save you a lot of paperwork. Both must be involved in returning the remains home.

Most airlines have stopped offering bereavement fares but they are still available for some international routes. You will often get a better deal by booking the lowest and most restricted fare available. Urns may be considered carry-on baggage and caskets are considered cargo.

If you end up in custody because you have broken or are accused of breaking the laws of another country, you are subject to their judicial system. Consular services can provide you with a list of local lawyers,

but won't intervene in private legal matters, provide legal advice, post bail or get you out of prison.

As far as getting financial assistance with some of these unexpected tragedies, always check your travel insurance and credit card policy to see what kind of coverage is included. Some policies may cover the preparation and repatriation of remains or they may simply cover cremation or local burial. Also, be clear on whether you have to pay upfront and be reimbursed with receipts or if you must contact your provider first to have them handle certain arrangements. Finally, always leave copies of insurance documents,



The Canadian consular services can often provide help and advice. ISTOCK

passports, credit cards and photo IDs at home with loved ones. It will make it easier for them to assist you.

# 3 TIPS



# Squamish: Canada's natural workout

**B.C.** Who needs a row machine and spinning class when you've got kayaking and mountain bikes?

**KATHY BUCKWORTH**  
Life@metronews.ca

Squamish easily earns its title as "Canada's Outdoor Recreation Playground" with the many elements that provide a natural workout for this very active community.

The rowing machine is traded in for a sea kayaking tour with Coast River Kayak School. They provide the equipment, training, and the commentary for a paddle out toward Howe Sound, stopping to take in the breathtaking scenery that surrounds you — mountains, birds, kites from the nearby kite boarding school, rustic beaches, logging activity and the occasional seal popping up and down.

Hiking The Chief, Canada's largest granite monolith, of-

fers a natural and scenic Stairmaster, featuring a steep hiking trail up over 600 metres of rocky terrain. Stone and wooden stairways take you up to ladders and chains before eventually opening up to the top to an unparalleled view of Squamish Valley.

The only better view you'll get is with the Sea to Sky Air team. Flying out of Squamish's tiny airport, tours up and down the valley are offered, and fliers can also have the opportunity to "take the wheel" with an expert flight instructor.

Spinning class can wait when you have the opportunity to rent bikes from the Sea to Sky Adventure Company (located inside the beautiful Squamish Adventure Centre), which includes everything from mountain bikes, which can take on the many trails, to the more sedate cruisers, perfect for a gentle cycle down riverside paths and through the downtown area. Cycle down to the Howe Sound Brewery, which offers 30 plus types of craft beers.

Their once a month beer-pairing dinners have become



Visitors to Squamish can choose between rapids and the slower moving parts of the Elaho and Squamish Rivers. CONTRIBUTED

a huge hit. Don't worry about jumping on that bike again afterwards, as the brewpub is also a 20-room inn.

Jumping and bumping is something you do in an aqua fit class; replace that with the white water rafting rides offered by Canadian Outback Ad-

ventures.

The Elaho River tour takes brave participants down heaving Class IV rapids, bouncing and throwing up gallons of glacial water. The quieter parts of this river, and the Squamish River that it joins up with, allow for a break from the "Paddle

hard" commands of the rugged raft guides. Guests of the Executive Suites Resort & Hotel can be picked up on site, and then return for drinks and gourmet food at The Living Room restaurant, or enjoy a meal in their kitchen-fit suite.

While the outdoors defines

Squamish, the Britannia Mine Museum shows what happens underneath the scenic elements. This historic site allows visitors to go down the tunnels, learn about mining and enter into the massive mill building, where the ghosts of miners are felt. Kids love the oversized dump truck and play area, while adults are drawn in by this important piece of copper history.

Every workout needs fuel, and the perfect spot is the award winning Fergie's Café, located at the charming Sunwolf lodge, which includes 10 cabins and one larger building available for renting.

In 2014, the views from the top of Squamish become available to everyone with the Sea to Sky Gondola.

Set to open in July 2014, this highly anticipated addition will allow people to travel up 2,500 feet and enjoy a restaurant, retail shops and a suspension bridge. For those still looking for an active alternative, new hiking and biking trails will be added at the summit. For more information visit [tourismsquamish.com](http://tourismsquamish.com).



Hilton Waikoloa Village, Hawaii

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You must be an HHonors member and first register at [HHonors.com/Triples](http://HHonors.com/Triples) prior to check-out of any eligible stay between July 9 and September 30, 2013 ("Promotion Period"). Double or Triple Points will be issued based on the nightly average of the total net folio of the stay during the Promotion Period, divided by the total number of nights of the stay. Double Points are awarded for Monday, Tuesday, Wednesday and Thursday nights. Triple Points are awarded for Friday, Saturday and Sunday nights. For a list of participating hotels, frequently asked questions, and the full terms and conditions of this offer, please visit the registration page, [HHonors.com/Triples](http://HHonors.com/Triples). ©2013 Hilton Worldwide.



# A crepe isn't a crepe without a plum

These crepes are delicious for breakfast, brunch or dessert. The plums are cooked with star anise until just soft and complemented by the cardamom in the whipped cream.

1. In a large bowl, whisk

## Ingredients

- 3 eggs, lightly beaten
- 500 ml (2 cups) milk
- 50 ml (1/4 cup) melted butter, plus extra for cooking crepes
- 250 ml (1 cup) all-purpose flour
- 5 ml (1 tsp) salt
- Plums**
- 15 ml (1 tbsp) vegetable oil
- 6 blue plums, pitted and quartered
- 50 ml (1/4 cup) granulated sugar
- 250 ml (1 cup) semi-dry white wine (such as Riesling)
- 8 whole star anise pods
- Zest and juice of 1 lemon
- Whipped Cream**
- 250 ml (1 cup) whipping cream (35 per cent)
- 75 ml (1/3 cup) liquid honey
- 1 ml (1/4 tsp) ground cardamom

eggs, milk, 50 ml (1/4 cup) melted butter, flour and salt until no lumps remain. Cover and refrigerate for at least 2 hours before making crepes.

2. Plums: In a large heavy-bottomed skillet, heat oil over medium heat. Brown cut side of plums for about 2 minutes per side; sprinkle with sugar. Add wine, star anise pods and lemon zest to skillet and bring to a boil; reduce heat to medium. Cook until plums are soft, about 4 minutes. With a slotted spoon, remove plums to a heatproof bowl.

3. Bring syrup to boil; boil until reduced by half, 5 to 6 minutes. Add lemon juice to taste; pour over plums. Cover and let cool to room temperature.

4. Crepes: Heat a 20-cm (8-inch) non-stick skillet over medium heat. Brush pan with melted butter. Pour 75 ml (1/3 cup) batter into centre of pan, tilting pan to cover bottom thinly. Return to heat for about 1 minute or until bottom is lightly browned. Using

## Plum Crepes With Cardamom and Honey Whipped Cream



This recipe serves eight. COURTESY THE CANADIAN PRESS

a spatula, flip crepe over and brown other side. Remove to a plate. Repeat with remaining batter, buttering pan if needed. (Refrigerate crepes if not using immediately.)

5. Whipped Cream: Using an electric mixer, whip cream

on medium until thickened slightly. Slowly add honey and cardamom, whipping until stiff peaks form, about 2 minutes. Keep refrigerated until ready to use.

6. Remove star anise pods from plums. Place crepes on

cutting board. Divide plum mixture among 8 crepes, spooning mixture onto one half. Fold crepes over. Carefully transfer to serving plates; garnish with whipped cream and a star anise pod. **THE CANADIAN PRESS/ CHEF TAFIK SHEHATA FOR FOODLAND ONTARIO**

## Drink of the Week

### Breakfast of Champs

Kick off any hot summer day with this refreshing punch. It's simple and delicious, with lemon juice, simple syrup and soda water.

- 8.5 oz Belvedere Vodka
- 4 oz lemon juice
- 3 oz simple syrup
- 16 oz soda water

Add all ingredients into a glass jug. Garnish with lemon slices and mint.

COURTESY BELVEDERE VODKA



# The dos and don'ts of dealing with a d'oh!

**Mending your first mistake.** Turn that blunder into an opportunity to impress your business buds

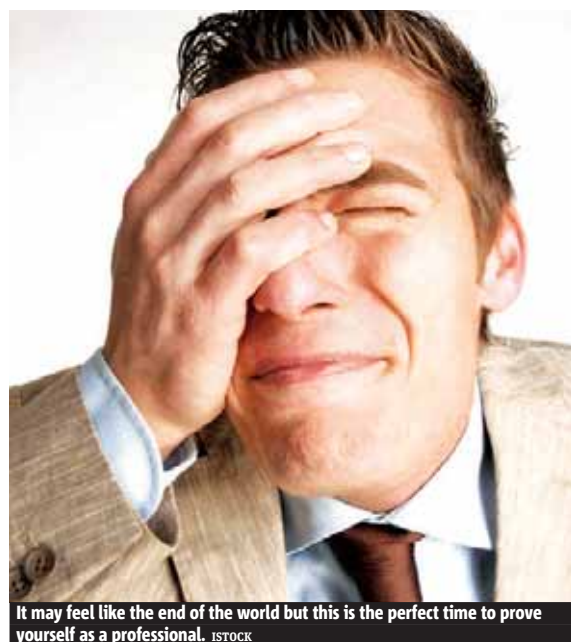
MEGHAN GREAVES  
TalentEgg.ca

Mistakes happen, especially when first hatching your career. There's a lot to learn, a new workplace "style" to adhere to, and a ton of egg-citing but sometimes challenging scenarios. It doesn't help that being a new hire can be nerve-racking as well.

The good news is that it's more than likely that your employer will be understanding of your first "whoops" if you handle it properly. This is easy if you're equipped with the right skills. We did some research on how to overcome your first mistake at work and asked around to get more ideas.

**Acknowledge that you've made a mistake**

You've accidentally replied to everyone in a sensitive email, sent the wrong message or



It may feel like the end of the world but this is the perfect time to prove yourself as a professional. ISTOCK

double-booked your boss.

The first thing to do is acknowledge the mistake. Don't sweep it under the rug for someone else to find. Owning up prevents the mistake from snowballing into a serious problem.

This is also the perfect time

to take any responsible steps to reverse the mistake, if possible.

**Advise your manager**

The best thing to do after realizing that you have made a mistake and taking the proper steps to come up with a solu-

tion is to advise your manager.

This may be a scary thing, but telling your manager about a mistake is a lot less scary than being asked about it.

While no one likes mistakes, you need to believe that your manager will understand and appreciate your honesty.

**TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.**

## Take responsibility

You've acknowledged that a mistake has been made, developed a solution and brought the situation to your manager. Now it's time to apologize.

- Your apology doesn't have to be an overwrought speech, but it should be genuine.
- Apologizing shows your employer right off the bat that you are being professional about the situation and gives him or her the confidence to believe that you will make it right.

## A Day at the Spa

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# Ducharme eager to guide Moose to another title

**QMJHL.** Herd to open latest training camp Wednesday at Cole Harbour Place



**ANDREW RANKIN**  
andrew.rankin@metronews.ca

It's been a whirlwind summer for Dominique Ducharme, and the Halifax Mooseheads are better for it.

Last Saturday, the Herd's bench boss won a gold medal as Team Canada's assistant coach at the Ivan Hlinka Memorial under-18 hockey tournament.

"It was a good challenge for the players and I was really impressed with the way we played in the last two games, the most important games," said Ducharme.

Coming off a Memorial Cup championship, Ducharme jumped at the Hockey Canada invitation. Like players, he says he's always looking to improve, and he will be arriving at the Mooseheads training camp on Wednesday a better coach.

"I gained more experience in different game situations, managing young guys.... We often talk about our players needing to find ways to improve from one day to another; as coaches we need to do the same."

He and his coaching staff have quite a job on their hands whittling down 50 camp invitees to about two-dozen players.

Cole Harbour Place will host training camp on Wednesday, Thursday and Friday.

Two on-ice sessions are scheduled each day along with afternoon games from 4-6 p.m. The Herd play the Cape Breton Screaming Eagles in their first



Even after a busy summer, Halifax Mooseheads head coach Dominique Ducharme is excited for the start of training camp on Wednesday. JEFF HARPER/METRO

## Repeating success

**"We have expectations for the way we play. We want to be better."**

Mooseheads coach Dominique Ducharme

exhibition matchup at the Halifax Forum Saturday at 4 p.m.

"It should be interesting to see how they perform," said Ducharme.

The Mooseheads have a wealth of returning players. Brendan Duke, Austyn Hardie, Trey Lewis and MacKenzie Weegar are a few of the returning defencemen, while Darcy Ashley, Ryan Falkenham, Andrew

Ryan, Luca Ciampini and Brent Andrews are among the veteran forwards.

Zach Fucale will be back as the No. 1 puck-stopper.

Mooseheads general manager Cam Russell says he is excited to get things going.

"We have a great returning core with the experience of winning a Memorial Cup," said Russell. "I like the direction we're heading in this season."

The Mooseheads brass will get to see their imports Nikolaj Ehlers and Timo Meier in action, as well as their two top draft picks Taylor Ford and Maxime Fortier.

Five goalies are fighting for the backup spot.

## NHLers

### MacKinnon, Drouin won't attend camp

Halifax Mooseheads general manager Cam Russell confirmed that former stars Nathan MacKinnon and Jonathan Drouin won't be attending the team's training camp.

"There's a possibility that they could skate with us down the road, but they are not expected to be at training

camp," said Russell.

Goalie Zach Fucale will join the team on Saturday.

MacKinnon and Drouin, first and third overall picks by the Colorado Avalanche and Tampa Lightning, respectively, will be busy battling for spots in the NHL.

"Those are real high picks," said Russell about the possibility of the pair staying in the show. "We'll see what happens, which is totally up to their NHL teams. We wish them the best whatever happens."

## Gold trio bring N.S. medal count to 37

Mattias Wolter knew exactly what he had to do on Tuesday night. Win gold.

After all, the Bridgewater native had just witnessed his teammates Chelsea Whalen and Jesse Drennan top the podium in shot put and decathlon, respectively.

He completed the golden trio, winning the 3,000-metre steeplechase event.

"I didn't want to be the odd ball," he said with a laugh. "It

was a really good race. Luckily I had so many Nova Scotia fans cheering me on."

Team Nova Scotia celebrated its best day of the Canada Summer Games in Sherbrooke, Que., earning 16 medals.

Connor Gillespie-Friesen won bronze in the men's individual triathlon race.

The province's paddlers impressed again, picking up four gold, three silver and three bronze medals.

Sam Hall struck gold in the women's K1-1,000 m final, while Craig Spence was golden in the men's C1-1,000 m race.

Tom Hall earned silver in the C1-200 m event and gold in the C4-1,000 m race, with partners Lukas Hetzler, Peter Lombardi and Tom Miller. Zane Clark, Marshall Hughes, Adam Tenwolde and Jeremy Mock combined for gold in the K4-1,000 m, while Hughes also picked up silver in the K-1,000

m event.

Ailish McNulty won silver in the women's K1-200 m. Emily Riddle won two bronze in the C1-200 m and C1-1,000 m events, while Andrew Gardiner struck bronze in the men's K1-200 m race.

Pam LeJean captured silver in Para discus and David Bombie won bronze in Para shot put.

Team Nova Scotia now has 37 medals. ANDREW RANKIN/METRO



Mattias Wolter carries the Nova Scotia flag after winning the men's 3,000 metre steeplechase on Tuesday.

LEN WAGG/COMMUNICATIONS NOVA SCOTIA





Brianne Theisen Eaton competes in the long jump in the heptathlon at the world track and field championships in Moscow on Tuesday. Theisen Eaton won the silver medal. DAVID J. PHILLIP/THE ASSOCIATED PRESS

# Theisen Eaton leaps into marriage then onto podium

## Track and field.

Canadian captures silver medal at world championships to complement her husband's gold

The Eatons finished their working honeymoon in Russia on Tuesday, ever so close to making it a double-gold celebration at the world track and field championships.

Brianne Theisen Eaton of Humboldt, Sask., failed to sufficiently shake off Ganna Melnichenko in the final 800-metre race of the heptathlon and finished with a silver medal two days after her husband, Ashton Eaton of the United States, won gold in the decathlon.

After two days of competi-

## Making history

The medal was Canada's second in Moscow after London's Damian Warner won bronze in the decathlon.

- It's the first time Canadian athletes have ever won medals in male and female combined events at the same world championship.

tion, Theisen Eaton no longer had the legs to create a decisive gap ahead of Melnichenko. And while the Ukrainian went celebrating wrapped in her national flag, Theisen Eaton wrapped herself in the warmest of embraces of her smiling husband.

Barely a month after marriage, they proved it was a near-

perfect competitive match as she gained her first global medal.

"I watched Ashton the last couple of years winning all his medals and could only sit back and imagine what that felt like," said Theisen Eaton.

"Ashton and I talked about both being on the podium here, it was definitely our plan. We'll probably just go home now, sit on the couch for a few days watching television and eating crappy food."

Melnichenko won her first major competition with 6,586 points, compared to 6,530 for Theisen Eaton, who became the third Canadian woman to win a world championship medal. Hurdlers Priscilla Lopes-Schliep (silver in 2009) and Perdita Felicien (gold in 2003 and silver 2007) are the others.

THE ASSOCIATED PRESS/  
WITH FILES FROM THE CANADIAN PRESS

## Tennis

### Raonic, Pospisil continue hot streak

Fresh off their inspired performances at the Rogers Cup, Canadians Milos Raonic and Vasek Pospisil are into the second round of the Western & Southern Open.

Raonic, who dropped Sunday's final in Montreal to Rafael Nadal, defeated Jack Sock 3-6, 6-4, 6-3 on Tuesday night to advance.

The 12th seed from Thornhill, Ont., now ranked a career-high 10th on the ATP Tour after beating Pospisil in the Rogers Cup semifinals, disposed of Sock in just under two hours.

Pospisil, now also ranked a career-best at No. 40, advanced when France's Gilles Simon retired with an injury.

Simon was trailing 6-3, 1-1 when he ended the match.

The Vernon, B.C., native needed just 36 minutes to sweep the opening set against Simon, who lost his fifth match in a row and hasn't won since mid-June.

THE CANADIAN PRESS

## MLB

### Former league MVP on waivers

The Minnesota Twins have placed Canadian first baseman Justin Morneau on revocable waivers. If Morneau is claimed before Wednesday's deadline, the Twins can work out a trade with the claiming team to let that team take his contract or pull him back and keep him in Minnesota.

Morneau, a native of New Westminster, B.C., has been a cornerstone of the team for a decade. The former AL most valuable player is in the final year of his contract.

THE ASSOCIATED PRESS

## MLB

### Toronto places Johnson on DL

The Blue Jays placed starting pitcher Josh Johnson on the 15-day disabled list Tuesday.

Johnson had been scratched from a start Monday after feeling soreness in the forearm, but he said the arm felt fine Tuesday prior to a workout. The 29-year-old has a record of 2-8 with a 6.20 earned-run average.

THE CANADIAN PRESS

## MLB. Red Sox ground Blue Jays in extra innings

Shane Victorino hit a two-run single to put Boston ahead in the 11th inning Tuesday as the Red Sox went on to beat the Toronto Blue Jays 4-2.

Victorino's two-out single off Blue Jays reliever Aaron Loup (4-5) scored Jarrod Saltalamacchia and Jacoby Ellsbury, helping the Red Sox (72-49) pad their lead atop the American League East.

The Red Sox offence was stymied until the seventh inning when Will Middlebrooks doubled off Blue Jays reliever Sergio Santos and then scored on a single by Ellsbury that tied the game 1-1. Dustin Pedroia brought home Ellsbury two batters later to put the Red Sox ahead 2-1.

But catcher J.P. Arencibia

## On Tuesday

4

Red Sox

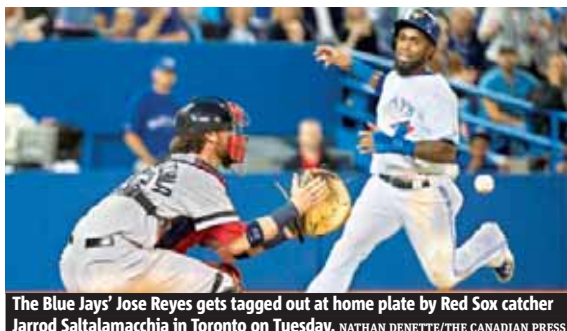
2

Blue Jays

tied the game in the eighth for Toronto (54-65) with a solo home run off reliever Junichi Tazawa to left field that put him second on the Blue Jays' all-time homer list for a catcher with 60.

Boston starter Ryan Dempster of Gibsons, B.C., went seven innings with just the one run allowed on four hits.

THE CANADIAN PRESS



The Blue Jays' Jose Reyes gets tagged out at home plate by Red Sox catcher Jarrod Saltalamacchia in Toronto on Tuesday. NATHAN DENETTE/THE CANADIAN PRESS

## MLB

### AMERICAN LEAGUE

#### EAST DIVISION

|           | W  | L  | Pct  | GB |
|-----------|----|----|------|----|
| Boston    | 72 | 49 | .595 | —  |
| Tampa Bay | 66 | 51 | .564 | 4  |
| Baltimore | 65 | 53 | .551 | 5½ |
| New York  | 61 | 57 | .517 | 9½ |
| Toronto   | 54 | 65 | .454 | 17 |

#### CENTRAL DIVISION

|             | W  | L  | Pct  | GB |
|-------------|----|----|------|----|
| Detroit     | 69 | 48 | .590 | —  |
| Cleveland   | 64 | 56 | .533 | 6½ |
| Kansas City | 62 | 55 | .530 | 7  |
| Minnesota   | 53 | 64 | .453 | 16 |
| Chicago     | 45 | 72 | .385 | 24 |

#### WEST DIVISION

|             | W  | L  | Pct  | GB  |
|-------------|----|----|------|-----|
| Texas       | 69 | 51 | .575 | —   |
| Oakland     | 67 | 50 | .573 | ½   |
| Seattle     | 55 | 63 | .466 | 13  |
| Los Angeles | 53 | 65 | .449 | 15  |
| Houston     | 37 | 80 | .316 | 30½ |

#### Tuesday's results

Seattle 5 Tampa Bay 4  
N.Y. Yankees 14 L.A. Angels 7  
Boston 4 Toronto 2 (11 inn.)  
Cleveland 5 Minnesota 2  
Miami 1 Kansas City 0 (10 inn.)  
Milwaukee 5 Texas 1  
Detroit at Chicago White Sox  
Houston at Oakland

#### Monday's results

Oakland 5 Toronto 1  
Texas 2 Houston 1  
N.Y. Yankees 2 L.A. Angels 1  
Kansas City 6 Miami 2  
Chicago White Sox 6 Detroit 2  
Minnesota 3 Cleveland 0

**Wednesday's games — All times Eastern**  
Cleveland (Carrasco 0-4) at Minnesota (Gibson 2-3), 1:10 p.m.  
Miami (Turner 3-4) at Kansas City (Santana 8-6), 2:10 p.m.  
Detroit (Porcello 8-6) at Chicago White Sox (Danks 2-9), 2:10 p.m.  
L.A. Angels (Weaver 7-5) at N.Y. Yankees (Nova 5-4), 7:05 p.m.  
Boston (Lester 10-7) at Toronto (Johnson 2-8), 7:07 p.m.  
Seattle (Harang 5-10) at Tampa Bay (Price 6-5), 7:10 p.m.  
Milwaukee (Thorburg 1-0) at Texas (Garza 2-1), 8:05 p.m.  
Houston (Cosart 1-0) at Oakland (Parker 8-6), 10:05 p.m.

### NATIONAL LEAGUE

#### EAST DIVISION

|              | W  | L  | Pct  | GB  |
|--------------|----|----|------|-----|
| Atlanta      | 73 | 47 | .608 | —   |
| Washington   | 58 | 60 | .492 | 14  |
| New York     | 54 | 62 | .466 | 17  |
| Philadelphia | 53 | 66 | .445 | 19½ |
| Miami        | 45 | 73 | .381 | 27  |

#### CENTRAL DIVISION

|            | W  | L  | Pct  | GB  |
|------------|----|----|------|-----|
| Pittsburgh | 70 | 47 | .598 | —   |
| St. Louis  | 67 | 50 | .573 | 3   |
| Cincinnati | 66 | 52 | .559 | 4½  |
| Chicago    | 52 | 66 | .441 | 18½ |
| Milwaukee  | 52 | 67 | .437 | 19  |

#### WEST DIVISION

|               | W  | L  | Pct  | GB  |
|---------------|----|----|------|-----|
| Los Angeles   | 68 | 50 | .576 | —   |
| Arizona       | 60 | 57 | .513 | 7½  |
| Colorado      | 56 | 65 | .463 | 13½ |
| San Diego     | 54 | 65 | .454 | 14½ |
| San Francisco | 52 | 66 | .441 | 16  |

#### Tuesday's results

Atlanta 3 Philadelphia 1  
Washington 4 San Francisco 2  
San Diego 7 Colorado 5  
Cincinnati at Chicago Cubs  
Pittsburgh at St. Louis  
Baltimore at Arizona  
N.Y. Mets at L.A. Dodgers

#### Monday's results

Philadelphia 5 Atlanta 1  
Cincinnati 2 Chicago Cubs 0  
Colorado 14 San Diego 2  
Arizona 7 Baltimore 6  
L.A. Dodgers 4 N.Y. Mets 2

**Wednesday's games — All times Eastern**  
Cincinnati (Arroyo 10-9) at Chicago Cubs (Rusin 2-1), 2:20 p.m.  
San Diego (Cashner 8-6) at Colorado (De La Rosa 11-6), 3:10 p.m.  
Baltimore (Tillman 14-3) at Arizona (Corbin 12-3), 3:40 p.m.  
San Francisco (Lincecum 6-11) at Washington (Zimmermann 13-6), 7:05 p.m.  
Philadelphia (Lannan 3-5) at Atlanta (Beachy 1-0), 7:10 p.m.  
Pittsburgh (Liriano 12-5) at St. Louis (Miller 11-7), 8:15 p.m.  
N.Y. Mets (Gee 8-8) at L.A. Dodgers (Capuano 4-6), 10:10 p.m.

## MLS

### EASTERN CONFERENCE

|              | W  | L  | T | GF | GA | Pts |
|--------------|----|----|---|----|----|-----|
| Kansas City  | 11 | 7  | 6 | 36 | 24 | 39  |
| New York     | 11 | 8  | 5 | 36 | 31 | 38  |
| Philadelphia | 10 | 7  | 7 | 36 | 32 | 37  |
| Montreal     | 10 | 7  | 5 | 34 | 34 | 35  |
| Houston      | 9  | 7  | 6 | 26 | 22 | 33  |
| Chicago      | 9  | 9  | 4 | 29 | 32 | 31  |
| New England  | 8  | 9  | 6 | 27 | 23 | 30  |
| Columbus     | 7  | 11 | 5 | 27 | 30 | 26  |
| Toronto FC   | 4  | 11 | 8 | 21 | 31 | 20  |
| D.C. United  | 3  | 16 | 4 | 13 | 38 | 13  |

### WESTERN CONFERENCE

|                | W  | L  | T  | GF | GA | Pts |
|----------------|----|----|----|----|----|-----|
| Real Salt Lake | 12 | 7  | 5  | 39 | 26 | 41  |
| Vancouver      | 10 | 7  | 6  | 36 | 30 | 36  |
| Colorado       | 9  | 7  | 9  | 31 | 27 | 36  |
| Portland       | 8  | 3  | 11 | 32 | 21 | 35  |
| Los Angeles    | 10 | 9  | 4  | 35 | 30 | 34  |
| Seattle        | 10 | 7  | 4  | 29 | 23 | 34  |
| FC Dallas      | 8  | 6  | 9  | 30 | 33 | 33  |
| San Jose       | 8  | 10 | 6  | 25 | 35 | 30  |
| Chivas USA     | 4  | 13 | 6  | 20 | 40 | 18  |

#### Sunday's results

FC Dallas 3 Los Angeles 3

Chivas USA 1 Colorado 1

**Saturday's games — All Times Eastern**

D.C. United at Montreal, 7 p.m.  
Toronto FC at Columbus, 7:30 p.m.  
Chicago at New England, 7:30 p.m.  
Philadelphia at New York, 8 p.m.  
Seattle at Houston, 9 p.m.  
Vancouver at Colorado, 9:30 p.m.  
Real Salt Lake at Los Angeles, 10:30 p.m.  
FC Dallas at Portland, 11 p.m.

## CFL

### WEEK 8

#### EAST DIVISION

|          | GP | W | L | T | PF  | PA  | Pts |
|----------|----|---|---|---|-----|-----|-----|
| Toronto  | 6  | 4 | 2 | 0 | 194 | 141 | 8   |
| Hamilton | 6  | 2 | 4 | 0 | 129 | 187 | 4   |
| Montreal | 6  | 2 | 4 | 0 | 135 | 177 | 4   |
| Winnipeg | 6  | 1 | 5 | 0 | 135 | 173 | 2   |

#### WEST DIVISION

|              | GP | W | L | T | PF  | PA  | Pts |
|--------------|----|---|---|---|-----|-----|-----|
| Saskatchewan | 6  | 5 | 1 | 0 | 210 | 129 | 10  |
| Calgary      | 6  | 5 | 1 | 0 | 204 | 160 | 10  |
| B.C.         | 6  | 4 | 2 | 0 | 143 | 142 | 8   |
| Edmonton     | 6  | 1 | 5 | 0 | 128 | 169 | 2   |

**Friday's game — All Times Eastern**

Hamilton at Saskatchewan, 4 p.m.

Calgary at B.C., 9 p.m.

**Sunday's game**

Edmonton at Toronto, 7 p.m.

# 2014 Ford Transit Wagon



ALL PHOTOS WHEELBASEMEDIA.COM

## 2014 Ford Transit Wagon

•**Type.** Four-door, front-wheel-drive compact van

•**Engines (hp).** 2.5-litre DOHC I4 (168, est.); 1.6-litre DOHC I4, turbocharged (173, est.)

•**Transmissions.** Six-speed automatic

•**Base price (incl. destination)**  
\$27,500



A peek at the dash.

## Technology

Also available is SYNC with MyFord Touch, which is the automaker's latest voice-controlled infotainment and communications system, plus your selection of either cargo-van-style side-hinged rear doors or a more traditional liftgate.

## Fuel Economy

Seeing as Ford is boasting better than 6.0 l/100 km highway rating for the turbo, 9.0 l/100 km in the city and 6.1 on the highway is a reasonable guess with the base 2.5 being a touch thirstier.

## Design

The retiring Transit Connect's tall body was always better suited for work-van duty, while the new Transit Connect Wagon's stylish sheet metal seems far more car-like in looks and in application. In fact, it's a long overdue departure from the classic minivan shape.

**Review.** A fresh take on the minivan ... from Europe? Yes indeed

MALCOLM GUNN  
wheelbasemedia.com

Nowhere in Ford's press or promotional literature will you see the 2014 Transit Connect Wagon referred to as a minivan.

But one walk around this big-roofed rig with its dual-sliding side doors and up to seven passenger seating capacity is enough to confirm that "minivan" is the most relevant designation, even if it's from Europe.

The TC Wagon, which arrives in late 2013, is the junior-sized civilian offshoot of a series of new windowless commercial-vans heading to North America from Ford's factory in Spain.

Unlike the Mazda, the TC Wagon will be offered in five and seven passenger sizes, separated by about 41 centi-

metres in overall length and in distance between the front and rear wheels. The pair replaces the original five-passenger Transit Connect van that arrived for the 2010 model year.

The five-passenger TC Wagon's just-right size is more esthetically pleasing, but for larger families the elongated seven-seat version will likely get the nod. Both are finished off as well as any other members of Ford's compact fleet, including the Focus sedan and hatchback and Escape small utility vehicle.

With three distinct trim levels — XL, XLT and Titanium — the TC Wagon can be spiced up just about any way you want, from utilitarian basic to full-on premium class transporter with leather seat coverings, king-size panoramic glass roof, a navigation system with a 6.5-inch (16.5-centimetre) screen, fancy wheels, upgraded sound system and other niceties.

In either case, the split-folding second-row — and the dual fore-and-aft-sliding third-



There's more than ample room to transport large goods with the seats folded down.

row seats found in extended models — can be flattened for maximum stowage. The TC Wagon will accommodate up to 545 kilograms of cargo and tow up to 910 kilograms. Think personal water craft or ATV here.

Along with its compact silhouette, the TC Wagon promises to maintain a solid grip on fuel consumption by way of its engines. The starting point is a 2.5-litre four-cylinder, while a turbocharged 1.6-litre four-cylinder "EcoBoost" powerplant is optional.

Far from being just a cargo

van with added windows and seats, the Transit Connect Wagon is nothing short of a fully turned-out utility hauler. Ford is keeping the starting prices to itself for now, but you'll likely be able to drive a short-wheelbase model off the lot for about \$27,500, which would put the longer model at close to \$30,000.

The TC Wagon represents a breakthrough of sorts in the minivan field, even if, categorically speaking, Ford would rather you refer to it as something other than a minivan.

## Compare



**1** Mazda5  
Base price: \$23,500



**2** Dodge Grand Caravan  
Base price: \$23,200



**3** Honda Odyssey  
Base price: \$31,600





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Titanium model shown

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|------------|--------------|
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| 78L/100km  | 36MPG CITY** |



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Platinum model shown

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**Delivery Allowance** /// \$7250

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|------------------------------------|----------|
| <b>Total Price Adjustments</b> /// | \$11,939 |
|------------------------------------|----------|

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# So curious about plutonium's potential

**Autopilot.** With the success of The Curiosity on Mars should we now look at nuclear power as a viable car fuel source?



**AUTO PILOT**  
Mike Goetz  
drive@metronews.ca

Earlier this month, NASA's latest robotic rover, Curiosity, celebrated its first anniversary of roaming around the planet Mars. So far it's been a great road trip.

No tickets. Lots of fun photo opportunities. Lots of great rocks to pulverize with its lasers. Only one temporary breakdown.

For sure, the technology on this thing is just out of this world. Consider the six wheels, each with an independent drive motor, the instruments that can analyze rock formations, before and after the lasers zap them into a state of plasma, and the powerful jack-hammer located at the

end of its six-foot robotic arm.

But the technology that really gets me going is its power source, otherwise known as the Multi-Mission Radioisotope Thermoelectric Generator (MMRTG). Basically it's a nuclear thing, using non-weapon grade plutonium known as Plutonium 238.

The heat given off by plutonium's alpha rays can be used to keep things warm, and can be converted into lots and lots of electricity.

The other two Mars rovers, Spirit and Opportunity, run on solar energy, but NASA felt nuclear was the better option for Curiosity's rock-analyzing mission, which called for power-hungry tools, and lots of travelling in winter (dark and cold) and through dusty territory (dust on solar panels).

NASA also uses an MMRTG for fuelling the probe currently on its way to Pluto.

Look, I'm no nuclear scientist, couldn't even play one on regional cable

TV programming, but I'm pretty sure Curiosity is the only "vehicle" ever successfully fuelled by plutonium. Sure there are lots of nuclear-powered submarines and air craft carriers out there, and there's always the time-travelling DeLorean in Back to the Future, but after that the pickings get smaller than atom particles.

I don't believe Curiosity's "Check Engine" light came on once. Should we reconsider atomic cars, now that Curiosity has been so successful and reliable?

Well, to keep the discussion going, here's a short list of the pros and cons of powering future vehicles with plutonium-based thermoelectric generators:

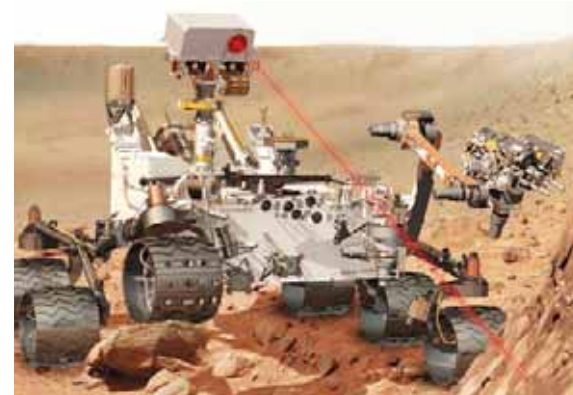
## Let's go plutonium!

- Best name ever for a vehicle fuel.
- No more fill-ups. Plutonium 238 has a half-life of 87.7 years, and should outlast your Subaru no problem.
- Comes in a lovely shade of glowing apricot.

## Let's not go plutonium!

- Drivers and passengers need to wear heavy and uncomfortable anti-radiation armour.

- It's pricey and rare. NASA's looking for \$30 million to re-start Plutonium 238 production, to top up dwindling supplies. NASA hopes to make three pounds per year.
- Could lead to more car thefts, as plutonium is fanatically and historically coveted by nefarious international villain types.
- Auto technicians at Canadian Tire will require additional training.



The nuclear-powered Curiosity explored the harsh terrains of Mars. CONTRIBUTED



The 1958 Ford Nucleon. PHOTO: FORD MOTOR COMPANY

# Watching for cyclists? Your car may be too

**Driving force.** The clever radar system Pedestrian and Cyclist Detection is a godsend that will save lives

JIL  
MCINTOSH  
drive@metronews.ca

In a collision between a car and a bicycle, the car is going to win every time. While several automakers have emergency braking or cruise control systems that can recognize other vehicles ahead, some can also identify cyclists, including the system from Volvo.

The system, called Pedestrian and Cyclist Detection with full auto brake, is able to identify the unique shape of someone on a bicycle ahead of the car. "It's a camera and radar-based system," says Martin Magnusson, senior engineer and function developer for Volvo Cars in Sweden. "It uses a camera to detect the bicycle and cyclist, and then it uses radar to confirm the detec-

## Technological wonder

"It uses a camera to detect the bicycle and cyclist, and then it uses radar to confirm the detection. It will look for the characteristics of a human being, the head, arms and legs, and then it also detects that there is a bicycle."

Martin Magnusson, senior engineer and function developer for Volvo Cars in Sweden

tion. It will look for the characteristics of a human being, the head, arms and legs, and then it also detects that there is a bicycle." The system uses Volvo's Auto Brake, which will automatically apply the vehicle's brakes if it detects an imminent collision, and the driver ignores a warning and doesn't hit the brakes. At lower speeds, it can stop the car before it hits something.

At higher speeds, the car might not have enough time to stop completely, but the

## Details

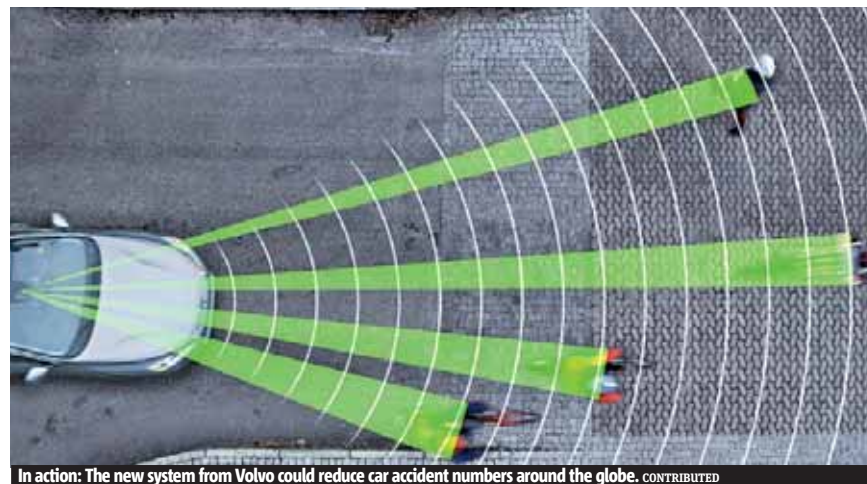
- **Launch.** Volvo launched its vehicle detection system in 2006, and added pedestrian detection, a more complex system, in 2010.

- **Stats.** According to CAA, some 7,500 cyclists are seriously injured in crashes each year in Canada, most of them during the afternoon rush hour.

- **Deadly locations.** The majority of cyclist deaths occur at intersections with lights or other traffic controls.

impact speed will be reduced. The chance of serious injury or death skyrockets as speed increases. It's estimated that a pedestrian hit by a car going 32 km/h has a five per cent chance of being killed, but if the car is going 64 km/h, the risk of fatality increases to 85 per cent.

"The system constantly monitors the traffic situation and does what we call select assessment," Magnusson says.



In action: The new system from Volvo could reduce car accident numbers around the globe. CONTRIBUTED

"It's a threat evaluation, (to see if) it's a dangerous situation or not. When there is a high risk of a collision with a bicycle, the system will warn with a red flashing light in the windshield and a warning sound. If the driver doesn't react, the system will automatically brake the vehicle."

Developing the system wasn't easy, since it has to be able to detect cyclists no mat-

ter what they are wearing, and in rain or bright sunshine. The system can also pick out motorcycles. At the moment, it can only detect cyclists that are riding in front of the car in the same direction, but engineers are working on identifying cyclists that ride across the car's path. In future, the system may also be able to identify and stop for large animals. "We are constantly looking at

new scenarios where people can be injured or killed, and we can work to add them," Magnusson says. According to CAA, some 7,500 cyclists are seriously injured in crashes each year in Canada, most of them during the afternoon rush hour.

The majority of cyclist deaths occur at intersections with lights or other traffic controls.





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# Loyalty decides: Sierra or Silverado?

**Autoknow.** The choice you make between these twins separated at birth probably has to do with one thing: what you bought last time

JEFF  
MELNYCHUK  
wheelbasemedia.com

From pretty much any angle, they look the same. They're virtually twins, after all.

And in an age where "badge engineering" is a dinosaur marketing principle that has even killed a few vehicle lines, you have to ask the obvious question: why bother with a Chevrolet Silverado as well as GMC Sierra when they're so similar.

After all, Ram has just one truck (there's no Chrysler pickup) and Ford's F-series — the reigning sales champ — is also all by itself, despite a little dabbling by Lincoln over the years.

The answer is woven into the DNA of every truck buyer: loyalty. Truck buyers seldom switch brands, even from Chevy to GMC. And suggest a Silverado to a GMC Sierra owner? Best of luck. Might as well try to pitch a Ford or a Ram.

Interestingly, the sales numbers favour the Silverado in the United States, but they do a flip here in Canada with the Sierra coming out on top. This is attributed to Canadians having full-on and exclusive GMC dealerships long before Americans, which helped build the brand north of the border.

Regardless, they're both alive and well in the two countries and there appears to be no plans to merge the

## Make yours a deluxe

### Silverado High Country.

At the other end of the extensive list of trim levels is a new Silverado High Country model intended to tap into the lucrative luxury-truck market of well-to-do ranchers and city slickers. The interior is bathed in beautiful "saddle brown" leather and the outside is treated to big shiny wheels and a special grille. There's also a full load of crash-mitigation electronics and a big stereo.

### Sierra Denali.

Relative to the High Country, the Sierra Denali still rates higher, but at the very least, Silverado fans have a new option above the LTZ, a truck that costs around \$45,000. The standard engine for the High Country is the 5.3, with the 6.2 being optional.

two, despite similarities that go much deeper than their metal skins.

The most tangible upgrades over the previous models can be found under their hoods. There's a trio of new engines that begins with a 4.3-litre V6. The displacement might have you thinking it's the same old cast-iron V6 as always, but it's actually a new all-aluminum direct-fuel injection design with much more power (285 horses) and better fuel performance. Chevrolet could have saved a little confusion by calling it a 4.4 or some other number, but there you go.

Off-roading with this



The GMC Sierra (above), is pretty much the mirror image of the Silverado. ALL IMAGES WHEELBASE

engine in a four-door crew-cab Silverado is a piece of cake and acceleration with the standard six-speed automatic transmission, while underwhelming, is certainly acceptable. The new entry-level 5.3-litre V8 also has direct fuel injection and makes 355 horsepower and 383 pound-feet of torque. Later in the year, you'll be able to get what amounts to the new Corvette sports-car's 6.2-litre V8 (rated at about 420 horsepower and 450 pound-feet of torque in the truck).

Lashing a 24-foot (7.4-metre) travel-trailer to a new GMC Sierra with the 5.3 revealed a few things on a 100-kilometre drive through the foothills of the Rockies, south of Calgary. The tow rating depends as much on the axle gearing as the engine. With a 5.3-equipped truck geared for fuel economy and not acceleration, the Sierra lost speed driving up steeper



The twins can tow big loads, like a caravan, with ease.

hills with the trailer in tow, so if you have a trailer, be conscious to get a steeper axle ratio (a 3.42:1 instead of the 3.08:1, for example).

Functionally, the Sierra/Silverado twins have some neat tricks. The box, which can be pretty hard on the knees and shins when getting in and out, has built-in bumper steps (called CornerStep) and grab handles. It's a small detail that really means something without adding more cost to the truck, since they're just notches in the existing hardware. Another is the new option of a six foot by six inch box (198 centimetres), which is 10 inches (25 centimetres) longer than the standard box.

What's truly remarkable, however, is how quiet and well-turned-out the

## Twins make towing a joy

- The best part of towing is how easy it is. There's enough electronics on board to keep the trailer behaving, even when you do something pretty stupid behind the wheel. The unnerving part is that the truck is so stable that you can actually forget that you're towing

anything at all. You might let the speed creep up or forget to brake early or to allow for that extra trailer length on a lane change.

- For towing really big loads (up to 12,000 pounds/5,450 kilograms), you'll need the 6.2-litre V8.



The Chevrolet High Country offers the luxury experience

twins really are. The so-called base Silverado "Work Truck" would pass for a mid-line model five years ago and was a great road companion for a five-hour highway stint. Honestly, this is all the truck most people would ever need or want.

Sierra or Silverado, which would you buy? Well, without very obvious differences between the Chevy and the GMC, other than the grille/headlights, it's likely that brand-loyal buyers will stay put and so will General Motors with its twins.



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Sources: USA Today, Franchise Business Review, Entrepreneur

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Job Type: Full-Time

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in Halifax. Full time employment, starting at \$15/hr  
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**Cook wanted for Greek Cuisine  
in Bayers Lake restaurant**

Address: 15 Lakelands Boulevard,  
Halifax, NS B3S 1G4, Canada

Job Type: Full-Time

Cook wanted for restaurant that specializes in Greek/European  
Cuisine, full time employment, must have at least 3 years experience,  
and starting at \$13/hr.

**Pastry Makers specializing in  
Greek/Middle Eastern pastries**

Address: 15 Lakelands Boulevard,  
Halifax, NS B3S 1G4, Canada

Job Type: Full-Time

Pastry Makers specializing in Greek/Middle Eastern pastries needed  
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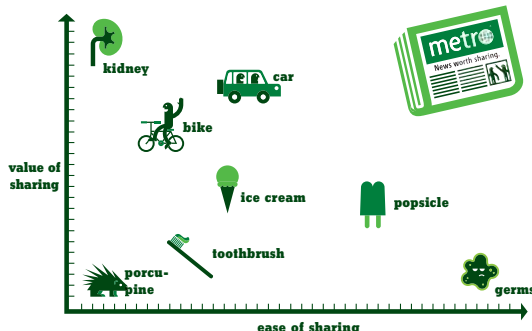
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## Horoscopes

### Aries

March 21 - April 20

You may have big plans and big expectations but keep a sense of perspective. If you let your enthusiasm race too far ahead, you may make a mistake that slows you right down again. Get the balance right.

### Taurus

April 21 - May 21

You have what it takes to succeed but there is a touch of doubt in your mind that keeps you from giving your all. What happens today will remind you that doubt can be overcome.

### Gemini

May 22 - June 21

You are finding it hard to believe in yourself but it doesn't matter. What counts is that others believe in you, and they do. Take it easy today. You have nothing to prove.

### Cancer

June 22 - July 23

Someone you meet socially will praise you to the skies and tell you what a fine human being you are but your intuition warns they are not to be trusted. It's a trick to lull you into a false sense of security.

### Leo

July 24 - Aug. 23

What you are worrying about is of no importance. Cosmic activity in the most sensitive area of your chart may make it seem as if the world is against you but it's not true.

### Virgo

Aug. 24 - Sept. 23

Someone in a position of power will try to force you to do something you don't agree with today but they won't succeed. Stand your ground and refuse to do anything that does not meet your standards.

### Libra

Sept. 24 - Oct. 23

It's good to be reminded of your limits and what happens over the next 24 hours will stop you in your tracks and balance out a mistake of some kind. Next time, don't go over the top so quickly.

### Scorpio

Oct. 24 - Nov. 22

Let your rivals and enemies have the last word today. The yapping they do has very little effect, so why waste your time reacting to it? Save your energy and put it to better use.

### Sagittarius

Nov. 23 - Dec. 21

There is nothing wrong with your plans but some people will find fault with them. Ignore the critics and carry on as you are. That will annoy them far more than if you get involved in a war of words.

### Capricorn

Dec. 22 - Jan. 20

Someone you have to deal with today won't be in the best of moods but don't let their negativity rub off on you. When they see that their doom and gloom act is having no effect they will give up on it.

### Aquarius

Jan. 21 - Feb. 19

According to the planets what other people tell you is "the truth" and what is really the truth are two different things. Take everything you are told today, especially by "experts", with a large pinch of salt.

### Pisces

Feb. 20 - March 20

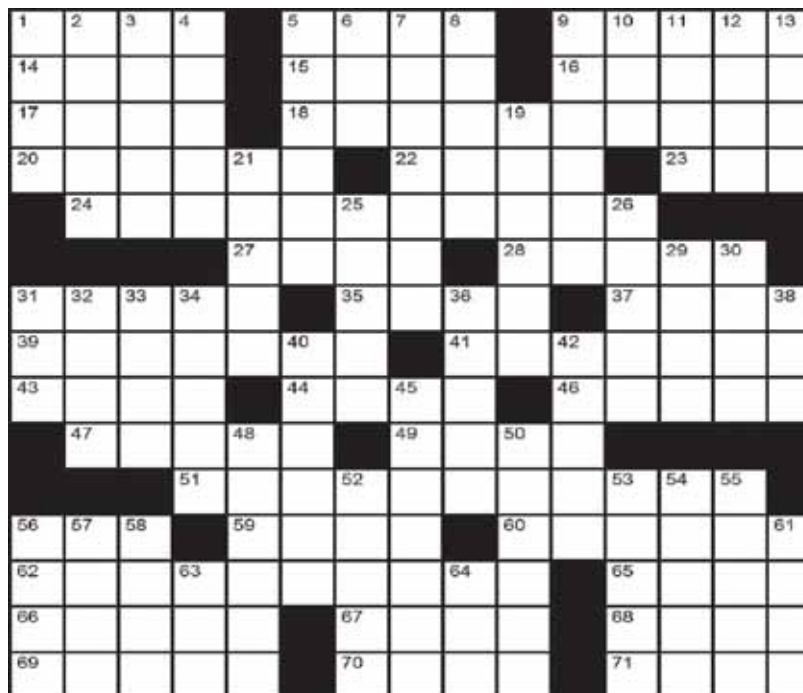
Try not to say anything that might be taken the wrong way by people who have the power to make life tough for you.

SALLY BROMPTON

## Crossword: Canada Across and Down

### Across

1. "Best Song \_\_\_\_" by One Direction
5. Cosmetic surgery procedure, commonly
9. Flavour
14. Cleave
15. "Walk Like \_\_\_\_" by The Four Seasons
16. Extreme
17. E-Mail junk
18. Montreal's Expo 67, for one: 2 wds.
20. Boredom
22. Nautical ropes
23. Driver's li'l navigation aid
24. Like #48-Down's roof
27. Chew at
28. Lone Star State resident
31. Dishonour
35. Michael Jackson's second wife, Debbie \_\_\_\_
37. Particular plant
39. Guernica artist
41. Skirt feature
43. Mr. Anthopoulos, Toronto Blue Jays GM
44. Village People hit
46. Furry mammal that can swim
47. Baseball base
49. Rock group's blasters
51. Chute \_\_\_\_ (Very high waterfall in Quebec)
56. Sibling to sis'
59. Equipment
60. Refuge
62. Video game series: 2 wds.
65. Create
66. Helicopter part
67. Biblical birthright trader
68. Some athletes, e.g.
69. MuchMusic tro-



56. Sibling to sis'
59. Equipment
60. Refuge
62. Video game series: 2 wds.
65. Create
66. Helicopter part
67. Biblical birthright trader
68. Some athletes, e.g.
69. MuchMusic tro-

- phies, commonly
70. Quebec singer Mr. Simard
71. Feathered farm females
- Down
1. Once, poetically
2. Venomous snake
3. Sidestep
4. Send payment
5. Sheriff, for one
6. Texting point-of-

- view
7. Movie sequel installment: 2 wds.
8. Songbook standard: "It's \_\_\_\_ Paper Moon"
9. Skirmish
10. The planet Melmac alien
11. Male deer
12. Stumble
13. Sense organs

19. Creditor, informally
21. Recommends strongly
25. Ricochet shot in billiards
26. Glorify
29. Dismounted
30. \_\_\_\_ the wiser
31. Sauna site
32. To the \_\_\_\_ (Fully)
33. Banda \_\_\_\_ (City)

- in Sumatra in Indonesia)
34. Men's magazine; or, saying
36. Classic toys company, \_\_\_\_
38. Always, in verse
40. Locale on Cape Breton Island
42. Ten Commandments receiver
45. Alberta city southeast of Edmonton
48. Toronto Blue Jays home, \_\_\_\_ Centre
50. Czech Republic capital
52. Giver's opposite
53. Mythical maiden
54. Ireland's County \_\_\_\_
55. \_\_\_\_ Gold (Type of potato)
56. Apartment listing abbr.
57. Leeway
58. According to a-ha, where the sun always shines: 2 wds.
61. Predicament
63. Tree in Hawaii
64. Grandma

### Yesterday's Crossword

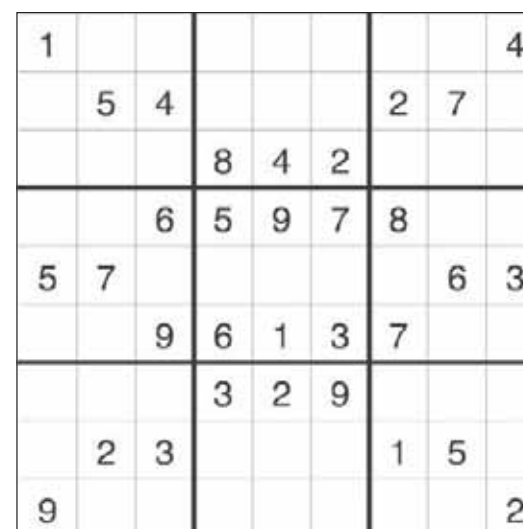


### Sudoku

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Yesterday's Sudoku



Today

23°/12°  
Showers

Thursday

22°/13°  
Sunny

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